

THE NEWS-BULLETIN

Vol. 2 No. 12

MOKENA, WILL COUNTY, ILLINOIS, FRIDAY, OCTOBER 22, 1920

\$2 Per Year

FRANKFORT MAN LOSES SUIT IN CIRCUIT COURT

Frankfort, Oct. 22.—Dano Lanfrusti a year ago commenced suit in Justice Fred Leppla's court at Frankfort against Victor Zenneto, the man operating the cheese factory at Frankfort. The suit involved claims of Dano Lanfrusti for oats, corn, hogs, etc., amounting to \$258. Zenneto claimed Lanfrusti owed him \$280 for milk, wine, cheese, etc. At Justice Leppla's court Lanfrusti appeared with his attorney, A. H. Krusemark. Zenneto was not represented by counsel. Justice Leppla gave judgment for Lanfrusti for \$171. Zenneto appealed his case to the circuit court at Joliet, where he was represented by Attorneys Orr and Brummond. The jury last week after an interesting contest returned a verdict for Dano Lanfrusti for \$239, which was \$68 more than he received in Justice Leppla's court. Attorney A. H. Krusemark represented Mr. Lanfrusti in the circuit court.

PLAN BAZAAR.

The Ladies' Aid society of the St. Peter's Evangelical church of Frankfort is planning for their annual bazaar to be held at the church parlors the afternoon and evening of November 18.

SANGMEISTER-PENCE NUPTIALS.

Mrs. Bertha Sangmeister, widow of the late Christ Sangmeister, and Pline Pence of Gary, Ind., were married last week.

Paul Clark, who is an interne at St. Mary's hospital, Chicago, has been visiting with Frankfort friends the past week.

The Frankfort public schools reopened Monday after being closed for a week on account of the teachers' institute.

Mrs. Wesley Holstein and Mrs. F. J. Kohlhaugen attended the teachers' institute at Joliet the past week.

W. H. Peters, who has been quite ill of late, is now improved.

Miss Lucile Folkers, who is teaching school at Sheldon, Ill., spent the past week with her parents, Mr. and Mrs. William T. Folkers.

The Ladies' Aid of the Methodist church held a special meeting Friday at the home of Mrs. W. V. Hedges.

The pulpit of the Frankfort M. E. church is being supplied by Rev. Mr. Meyer of Evanston.

The nine-year-old daughter of Mr. and Mrs. Albert Strassenburg underwent an operation at the Silver Cross hospital, Joliet, Saturday evening for removal of tonsils and adenoids. Dr. W. V. Hedges performed the operation.

Mr. and Mrs. Claus Henson, who were quite badly injured in a recent auto accident, are convalescing nicely and able to be up again.

Mildred Bettenhausen underwent an operation for removal of tonsils and adenoids at the Silver Cross hospital Friday, Dr. W. V. Hedges being in charge of the operation.

The Frankfort Industrial club held a dance at Borman grove Saturday night. A good-sized crowd attended.

Charles Peters, who is associated with Henry Stellwagen in the store business, is taking a vacation. Mr. Stellwagen, who has been laid up for months as the result of injuring his foot when he stepped in a post hole last spring, is able to be about again and is at his store duties again.

FORWARD MOVEMENT ON.

This fall much interest is being taken in the Forward Movement drive conducted by many churches. The local St. Peter's Evangelical church will launch a drive soon in the campaign mentioned. The amount to be raised in Frankfort has been set at \$2,000. Part of the money to be raised is to be used for the pension fund for the retired pastors of the Evangelical church. The exact date of the opening of the drive in Frankfort has not been announced yet.

MILK MEN TO HOLD MEETING AT MOKENA NEXT TUES.

A meeting of Milk Producers will be held in Mokena on Tuesday October 26 at 9 A. M. sharp. Our new Secretary Mr. E. C. Rockwell has promised to be with us. Matters of great importance to every milk producer will be discussed. If you are interested in the price of milk come if you have anything to say come to this meeting and talk.

TINLEY PARK INTERESTED IN BIG FARM DRIVE

The village and the country roundabout are humming with activity in preparation for the membership drive of the Cook County Farm bureau which will begin October 25.

Adam Schilling, chairman of the campaign committee, gave the following outline of the preparatory work that is being done:

1. Quantities of printed matter are being distributed among farmers.
2. Arrangements are being made for booster meetings at school houses and other gathering places.
3. Speakers are being booked.
4. Letters are being sent to all farmers, urging them to join the bureau.

Eight State Men to Direct Push.

On October 25 eight state men from the Illinois Agricultural association will come into Cook county and with the leaders in each township, will make a farm to farm visit to get members for the farm bureau and the Illinois Agricultural association.

When the first campaign was conducted here last spring the weather was bad and a great many farmers were not seen. In spite of this the Cook County Farm bureau started with the strongest membership in the state. Many new members have been coming in right along. On one day last week nine new members were received.

Great interest is being shown in the farm bureau, officials say, because the organization is taking up marketing and other problems that are of the highest importance to all farmers at this time.

Will Organize Buying Exchange.

The biggest project before the Cook County Farm bureau at present is the organization of a buying and selling exchange. Considerable work already has been done along this line. Tomato boxes were bought at a saving of two and three-fourths cents on each box; binder twine at a saving of three and one-half cents a pound; also corn bags and cabbage crates. Orders are now being taken for seeds, potatoes, feeds, rock phosphates and limestones.

Farm Adviser C. E. Durt is at the Blue Island office on Thursdays and at Arlington Heights on Saturdays. The remainder of his time is spent in visiting farms of members, holding field demonstrations and evening meetings and working out the larger problems of members. An assistant farm adviser will be employed in the near future.

Since the campaign in March the farm bureau membership has increased 44,000, making a total of 99,000 members. The state association at present is establishing a fruit and vegetable marketing department, a poultry marketing department.

These departments will be of value to Cook county farmers, it is believed. Experts will be in charge of each department and will work in co-operation with the farm bureaus.

The Bull Frog baseball team will direct a confetti dance and Halloween party at the Saenger hall on Saturday night, October 30.

Dick Bruening is serving on a jury in Chicago, starting Monday.

Adam Keuch and son received a carload of spuds Monday morning and have disposed of them. Hick & Messenbrink are expecting two carloads shortly. The spuds are plentiful and the price has tumbled to \$1.50 per bushel. The Tinley Parkers have laid in a good supply.

George Lorenz is making plans for a big Thanksgiving dance.

TO GIVE A SUPPER.

The Ladies' Aid society of the Zion Lutheran church are preparing to give a supper at the Saenger hall on the evening of October 27th. The supper will be served cafeteria style.

CHURCH ANNOUNCEMENTS.

On Sunday, October 31st, the annual Reformation festival will be observed at the Zion Lutheran church with special services.

\$30,000,000—COX



GOVERNOR JAMES M. COX.

From a photograph taken at Seattle, Wash., during the Democratic Candidate's recent visit to the Pacific Coast.

JIMMY'S COAT.

Take a slant at Jimmy's coat.
Tiger-striped, as you will note;
Murphyesque in lines and hue,
Taggart-like in motif too.

How can he proclaim he's dry
With this garb to shock the eye?
Tailors wouldn't dare to put
Such a thing on "Pussyfoot."

Jimmy's raiment harks us back
To the festive racing track.
Can't you hear the "hookies" shout
And the whispers of the tout?

Needn't tell us where he's at—
Wet or dry—his coat tells that.
Bryan took one slant at it,
Then his heart curled up and quit.

—CARLTON FITCHETT

HAPPENINGS OF WEEK WITH OUR ORLAND FRIENDS

Mrs. Mary Hewson left Wednesday for Gibson City, Ill., where she will visit her daughters, Mrs. George Dwinger and Mrs. Grace Irving.

A daughter was born to Mr. and Mrs. John Ormand on Oct. 9th, 1920. A great many farmers are shipping in cattle for feeding during the fall months.

The Directors of the Orland State Bank held a meeting on last Thursday evening to promote the progress of the new building. The building is now well on its way to completion.

Miss Harriet Austin who has been visiting relatives in Montana during the summer is now among us again.

Mr. and Mrs. Harvey Asa Martin, a well known and loved family of our community, left for their new home at 6405 Parnell Ave., Chicago, on Wednesday of this week. We disliked to let them go, but since their departure is history, we wish for them much happiness in their new home. A farewell surprise party was sprung upon Miss Etta on the Saturday night preceding their departure by the young people of the community. A good time was reported. Games, music and refreshments occupied the party during the evening.

The Ladies Society of the German Lutheran Church held a social meeting at the home of Mrs. Bernard Krohn on Thursday of this week. The afternoon was spent in games and entertainment. Refreshments were served.

The Ladies Society of the Lutheran Church announce a Coffee for Nov. 3rd, at the home of Mrs. Cris Keuch.

The Ladies' Guild of the M. E. Church held an all day meeting at the home of Mrs. Schussler. Sewing was the order for the day. Definite plans are in operation for the Bazaar which will be held later in the fall.

Mrs. Dickson, an aunt of Miss Minnie and Mr. David Agate and a former member of this community was

TEAM GOES OVER TOP IN MOKENA CHURCH DRIVE

The big \$35,000 building fund campaign for the new St. John Evangelical church at Mokena was launched Sunday. The first team consisting of C. F. Warning, Wm. C. Keuch, Mrs. George Lauffer and Mrs. Fred Hinspeter made the first canvass for pledges and by evening reported they had gone over the top, having secured \$2,000 in pledges. The team reported that everyone whom they solicited cheerfully subscribed and that the public is much in favor of the new edifice.

Twelve teams are engaged in the drive. A report will be made by those teams who have been out during the week by Saturday night showing total amount of pledges for the week. Pledges for a \$1,000 and over down to \$25 and under will be accepted and can be paid at once or in weekly installments extending over a period of three years.

Much enthusiasm is being shown in campaign and those connected with it feel the campaign which ends October 31st will be put over successfully.

laid to rest in the Orland Cemetery on Friday at 12 o'clock. A very beautiful and comforting service was held by Mrs. Dickson's son-in-law, a minister.

A recreation club has been formed at Orland. It is known as the Orland Park club and now has 21 members. The club consists mostly of the younger set. Its officers are: Aug. Schmadeke, president; Harry Cox, vice president; Stella Hachlain, secretary; Mildred Dawson, assistant secretary and Stewart Loebe, treasurer.

MRS. JOHN SCHWESER OF MOKENA DIES FOLLOWING WEEK'S ILLNESS

Deceased was resident of this section over half a century; many attend funeral

Mokena, Oct. 22.—Mrs. John Schweser, who has been a resident of this section for 62 years, died at her home in Mokena at 2:30 o'clock Friday morning, following a severe attack of gall stones. She was taken ill a week ago last Saturday and despite the best care and medical skill her case was fatal from the outset.

Mrs. Schweser has resided in Mokena a number of years, being a widow since 1917. Her husband, John Schweser, passing away on March 19, 1917.

Mr. and Mrs. Schweser came to Mokena after retiring from active farming.

Mrs. Schweser (nee Barbara Muff) was born September 23, 1849, in Sonnetel, Kouburg, Saxony, Germany. At the age of nine years she came to America and settled in the vicinity of Mokena, where she spent the rest of her life.

On January 24, 1869, she was united in marriage with John Schweser. To this union seven children were born of whom five are living.

The deceased was a member of the local Immanuel Lutheran church and was a devout member. She made many friends and was beloved by all who knew her.

The departed is survived by three daughters, Mrs. Margaret Maue, Mrs. Henry Schoenck of Mokena, Mrs. Bertha Pfeiffer of Frankfort, two sons, William B. of Joliet and Herman of Mokena, 17 grandchildren, who mourn the loss of a faithful mother and loving grandmother.

Funeral services were held Monday afternoon from the late home at one o'clock, concluding at the Immanuel Lutheran church at 1:30 o'clock. Rev. W. J. Remitz, officiating. Burial was in the Lutheran cemetery.

BOY SCOUTS BOOMING.

The newly organized boy scout movement in Mokena is growing rapidly and the boys are manifesting a real live interest in the work. At present they are learning to tie knots. As soon as they pass the tenderfoot examination they will be full-fledged scouts. The meetings are being held every Friday night at the M. E. church and these sessions are so interesting that the boys find the evening hours are passing all too swiftly.

New members are being added right along and two patrols will be assured before long. All the boys of the community are anxious to get in the new organization and enjoy its many privileges.

New Teacher Arrives.

Miss Edith Wilson of Indianapolis, Ind., has been engaged to teach the intermediate grades of the Mokena public school, and took up her new duties Monday morning. The Mokena school now has four instructors.

MATTESON MAN HAS CLOSE

CALL IN R. R. ACCIDENT

Last Friday morning about 8:30 Sam Lauer, Jr., delivered milk to the Matteson platform as is his custom every morning. As will be remembered the platform is across the tracks. After unloading the cans he started up his machine—a Ford—and attempted to cross the track in front of the south-bound train which fortunately was coming in very slowly. His engine died on the track of the south-bound train, and although the train was moving slowly, there was insufficient time to start his engine and clear the track. The engineer applied the air and made a heroic attempt to avert an accident, but the momentum of his train was too great and the car was caught and shoved from 85 to 100 feet to the Michigan Central crossing before the train was brought to a standstill. The machine was wrecked, and had the train moved a few feet further, it would have been crushed like an egg shell as it was being shoved over the Michigan Central crossing. Mr. Lauer tried to jump and save his small son, who was in the machine with him. Eye witnesses, as they saw it, hold that he lost his hold on the boy as he jumped and was caught on the pilot of the engine. Had the train moved five or ten feet further the boy would have been crushed under the rolling car. Neither father nor son received other than a shock. The car was completely wrecked.

NEWS-BULLETIN HAS BOY SCOUT DEPARTMENT

In keeping with its policy of progress the News-Bulletin is furthering the cause of the boy scouts to the best of its ability, believing that this worthy organization is a great factor in training the boys and shaping their lives so they will become healthy and clean men. Many people have the mistaken idea that this is a military affair and that the boys are being trained for military service, but such is absolutely not the case. The training, while along military lines, has nothing whatever to do with militarism.

In order to be a help to the boy scouts who have just organized at Mokena the News-Bulletin is glad to announce that through the splendid service of the Western Newspaper Union, which is furnished the News-Bulletin, this paper is able to present specially prepared articles and other matter of especial interest to boy scouts and with this week's issue a new feature, "The Boy Scout Department," appears on the inside pages of this paper. These articles should be read by every boy. This department will be a regular feature of this paper every week. Be sure and read this week's opening articles.

The News-Bulletin wants to reach all the boys interested in scout work and if their parents are not subscribers of the News-Bulletin we shall be glad to add them to our list.

NEW LENOX GARAGE OUT OF BUSINESS

Book & Houser, who have been running a garage at New Lenox since spring, have dissolved partnership and gone out of business, closing the garage Monday. The real cause of the dissolution has not been made public. Mr. Book is expecting to return to Cleveland, O., from whence he came. Mr. Penrose, who has served as the mechanic, has secured employment in Joliet.

OPENING DANCE SATURDAY.

The Woman's Missionary society was nicely entertained at the home of Mrs. Joe Brisbane, Friday afternoon. In spite of a rainy afternoon a good attendance was noted, and a very good program was rendered. The next meeting will be held at the home of Mrs. Searight, on Nov. 18.

Word has been received from Rev. Paustain that they have arrived at their new home in Mitchell, S. D., and are nicely located.

The ladies of the Methodist church are busy preparing for the bazaar, to be held in the church, November 12.

The tri-annual meeting of the Home Improvement club was held in Joliet last Thursday. Political speakers were present and gave some good addresses.

The schools have opened again after a week's vacation, while the teachers were attending the institute.

Mr. and Mrs. C. C. Hurly of Phoenix, Ariz., who have been spending the summer visiting in New York, are visiting at the home of Mr. and Mrs. J. R. Bentley, en route to their home.

Mr. and Mrs. J. R. Bentley and daughter Caroline, attended the funerals of Mrs. Bentley's aunts, last week. Mrs. Abraham Agate, who died in Chicago, was buried in Orland last Friday, and Mrs. Amos Agate was buried in Brook, Ind., last Saturday.

Mrs. Margaret O'Reilly and daughter Cathrin, visited in Chicago last week with the former's cousin, Miss Verna Spencer.

The New Lenox dance club will direct the opening dance of the winter season at the Grane hall on Saturday night. Everyone is invited to come. The Pioneer Jazz orchestra of four pieces has been engaged for the entire season. The hall has been newly remodeled and everything placed in fine shape.



Doctor Cupid

That love sometimes cures disease is a fact that has been called to the attention of the public by a prominent physician. Love is not, however, the cure for all women. Many a woman is nervous and irritable, feels dragged down and worn out for no reason that she can think of.

Doctor Pierce's Favorite Prescription gives new life and new strength to weak, worn-out, run-down women. "Favorite Prescription" makes weak women strong and sick women well. It is now sold by all druggists in the United States in tablets as well as liquid form.

KOKOMO, IND.—"Some time ago I felt 'draggy' and worn-out and greatly in need of a tonic. A friend suggested to me to try Dr. Pierce's Favorite Prescription. I had taken other tonics but I never took anything that helped me so quickly as the 'Favorite Prescription.' It was not an unpleasant medicine to take and my whole system seemed to be benefited."—MRS. FLOESSIE COOP, 2103 N. Market Street.

Iron Ores Formed by Bacteria.

Geologists are realizing more fully as they extend their studies the magnitude of the work done by plants and animals in building up and tearing down parts of the crust of the earth. Even microscopic organisms perform a large part of this work. Pasture long ago showed us the deadly power of bacteria in disease and their efficiency in promoting fermentation, but their influence on the fertility of soils and their work in expediting rock decay are still subjects of scientific study.

"Pape's Diapiesin" for Indigestion

"Pape's Diapiesin" is the quickest, surest relief for indigestion, Gases, Flatulence, Heartburn, Sourness, Fermentation or Stomach Distress caused by acidity. A few tablets give almost immediate stomach relief and shortly the stomach is corrected so you can eat favorite foods without fear. Large case costs only 60 cents at drug store. Absolutely harmless and pleasant. Millions helped annually. Best stomach corrective known.—ADV.

Wisdom.

"Children often enunciate profound truths unconsciously," said Senator Penrose recently.

"I once asked a little tot what a demagogue was. The child thought a moment and then answered: "A demagogue is a vessel containing beer and other drinks."

If you would please a woman say nothing and listen.

Instead of doing things today, the wise man did them yesterday.

Stop That Backache!

Those agonizing twinges, that dull, throbbing backache, may be warning of serious kidney weakness—serious if neglected, for it might easily lead to gravel, dropsy or fatal Bright's disease. If you are suffering with a bad back, look for other proof of kidney trouble. If there are dizzy spells, headaches, tired feeling and disordered kidney action, get after the cause. Use Doan's Kidney Pills, the remedy that has helped thousands. Satisfied users recommend Doan's. Ask your neighbor!

An Iowa Case

John Newton, farmer, Anamosa, Iowa, says: "I had an attack of lumbago. A cold settled in my kidneys and back and caused severe pains in my hips and back. My back ached so I could hardly get around. I read in the paper about Doan's Kidney Pills and took them. They cured me entirely of the attack."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

SLOW DEATH

Aches, pains, nervousness, difficulty in urinating, often mean serious disorders. The world's standard remedy for kidney, liver, bladder and uric acid troubles—

GOLD MEDAL HAARLEM OIL CAPSULES

bring quick relief and often ward off deadly diseases. Known as the national remedy of Holland for more than 200 years. All druggists, in three sizes. Look for the name Gold Medal on every box and accept no imitation.

Children's Coughs

may be checked and more serious conditions of the throat often will be avoided by promptly giving the child a dose of safe

PISO'S

W. N. U., CHICAGO, NO. 43-1920.

The MYSTERY of HARTLEY HOUSE

by Clifford S. Raymond
Illustrated by Irwin Myer Copyright by George H. Doran Co.

A SPANISH SAILOR

Synopsis.—Dr. John Michelson, just beginning his career, becomes resident physician and companion of Homer Sidney at Hartley house. Mr. Sidney is an American, a semi-invalid, old and rich and very desirous to live. Mrs. Sidney is a Spanish woman, dignified and reticent. Jed, the butler, acts like a privileged member of the family. The family has come from Montevideo, South America. Hartley house is a fine old isolated country place, with a murder story, a "haunted pool," and many watch-dogs, and an atmosphere of mystery. The "haunted pool" is where Richard Dobson, son of a former owner of Hartley house, had killed his brother, Arthur Dobson. Jed begins operations by locking the doctor in his room the very first night. Doctor John fixes his door so he can't be locked in. He meets Isobel, daughter of the house, and falls in love at first sight. In the night he finds the butler drunk and holding Mrs. Sidney by the wrist. He interferes. Mrs. Sidney makes light of it. John buys a revolver. John overhears Jed telling Mrs. Sidney he will have his way. In reply she says she will not hesitate to kill him. Mrs. Sidney asks John to consent to the announcement of his engagement to Isobel. The young people consent to the marriage. Engagement. Later they find it is to head off Jed, who would marry Isobel. Jed tries to kill John, but the matter is smoothed over. John, though "engaged" to Isobel, conceals his love. Mr. Sidney visits a nearby prison and has Dobson, the murderer, pointed out. Jed tells the story of the Dobson murder. The family go to South America for the winter. John is left at home, but the "engagement" is not broken. John hears the story of a tragedy "that might have happened in Montevideo." The family returns. A mysterious Spanish sailor appears.

CHAPTER VII.—Continued.

Jed may have suspected I carried a pistol. I had no more than caught a glimpse of his white, alarmed face when he sprang at me and grabbed at my hip pocket. I had a pistol in the pocket at which he reached, but I intercepted his movement before he got the weapon.

"Let me have it," he begged. "Just a minute!"

I got a hold of his wrist, which stopped him, and he whimpered. Then he broke away and showed himself at the window. At this the man on the lawn smiled with a joyousness that was a triumph. He indicated in a flash that he had found what he had sought. He smiled so that I could see the white of his teeth. He had been uncertain and puzzled when I first saw him looking up at the windows of the house. With Jed framed in one of the windows, he was triumphant and rejoicing. Whatever he wanted he had found something which pleased him.

Jed was furious, the more furious because he was helpless. He would have murdered the man on the lawn if he had had any means of doing so. He was so furious that he did not care how he revealed himself to me.

The man on the lawn stood laughing for a moment and then walked slowly



But I intercepted His Movement Before He Got The Weapon.

away toward the brush, into which he disappeared. Jed lunged out of the window watching him.

"Well, sir," I said, "I think we have you under a real restraint at last."

"I was mad that the fellow should have come up to the house that way. Some tramp!"

"And you dropped the coffee-tray and tried to get my pistol. A perfectly natural proceeding on seeing an unknown tramp!"

"We don't want strangers about here," he said.

"You don't want that man," I said. "And he is not a stranger. When he saw you he smiled as if he had found what he was looking for."

Jed was unhappy and showed it. "I wish you were a friend, doctor,"

he said. "I try to make you one. I will get you your coffee."

He sent in a maid to sweep up the breakage from the coffee-tray, and presently he came with another pot and cup. He had steadied down, but was not tranquil.

"You know that man," I said, "and you wanted to kill him."

"I never saw him before," he said.

"You have had some sort of dealing with him. He has been hunting for you. He has found you. I think we are going to find you more interesting. Jed. The man will remain in the neighborhood; I think you are going to have some unpleasant hours. The thought does not make me unhappy."

"I wish I could find a friend in this house," said Jed.

"I wish you could deserve one," I said.

My description of Hartley house has been so sketchy and indifferent that it may not have included mention of the formal gardens which took in the river side of the place. They were charming at all times but particularly so at sunset, when the radiance was behind the western hills two miles across the water and was reflected in the clouds back off our own eastern hills. The shore at this point was narrow, and the river was wide. Hills, river and bottom lands formed an intimate sanctuary which evening glorified.

To the north the gardens terminated at a high brick wall against which hollyhocks grew and now were in gorgeous blossom.

Jed had joined me in the garden, and we were sitting on a stone bench facing the river not fifty feet from the brick wall and the hollyhocks to the north. Jed was expected within a quarter of an hour to join Mr. Sidney. He seemed dejected and worried—in a fashion timid, I thought.

When he came to sit down beside me, I resented the intrusion for a moment; but knowing that he had only a few moments in which to impose his presence upon me, I did not make him feel any more unwelcome than ordinarily he knew himself to be.

A schooner deep in the water with brick from up the river had just come in sight around a point above, and with sails spread to the light wind was caught in the glorification of the water. A catbird was hopping in and out of the shrubbery, and even with Jed by my side I was sentient and content.

It was not a noise that attracted my attention. It must have been the sensation of being stared at. I turned my head toward the wall to the north. In line with the bench on which we sat, and just topping the wall, was the head of the Spanish sailor.

He and I looked at each other for what seemed to be at least a moment. His earrings glittered. His gaze was steady and both inquiring and purposeful. Even in inquiry it seemed malignant, with the malice which comes from a sense of injury.

I felt a decidedly unpleasant shock with the creeps which come from a good ghost story. If he had appeared suddenly at full length somewhere in the garden, walking about, it would have been different. But just his head appearing above the wall, and he perfectly unexpected, unexplained, motionless and inquiring—it gave you the shivers of a child frightened at night in the nursery.

"You're poor company," said Jed. "but I am, too, and I have to go to Mr. Sidney."

I seemed not to hear him. It was not intended to rebuff him; I was held by the Spaniard's eyes. Jed went in to a huff and said: "Oh, go to the devil!"

Then he also turned and saw the head above the wall.

He arose and stood looking at the Spaniard as intently as the Spaniard was looking at him. This situation lasted a full minute, without a movement or word from one of us. Then the Spaniard's face, graven in lines of malevolent purpose, softened into a smile which expressed satisfaction with prospects. And then the head disappeared suddenly. I was in doubt whether the man's feet had gone out from under him, or whether he had jumped.

In disappearing he left the place where he had been, charged with the mystery which his presence had indicated. His disappearance intensified, thickened, the atmosphere which his presence had created. While his head was above the wall, the sensation was one of nervous astonishment. When his head disappeared, the suggestion of terror was added. So long as we saw him, it was something unexplained but embodied; when he dropped out of sight, it was as if a person going down a hall in his house by candlelight at night were to come upon a startling sight, and at the moment when his perceptions and reason were struggling to explain the object and its presence and to sustain his courage—the candlelight should go out in a gust of wind and leave him blind, facing a thing he had not

explained and now could no longer see. Then, with cause, may the hairs crowning even a head with a thinking brain arise in sheer fright. The person's plight is that of black ignorance, in which superstition and childish fears ascend and dominate.

Jed took a step forward as if in pursuit, but stopped with that one movement. It broke the situation down and made it possible for me to return to animation. Seemingly my powers of movement and speech had been suspended. I looked at Jed, who was as pitifully frightened as a child in the dark. He made every demonstration of fright except wailing. Then he braced himself, recovered his courage and without saying anything went into the house to join Mr. Sidney.

CHAPTER VIII.

When I saw Mr. Sidney that evening he made a remark in joke that Jed was ill and needed my attention.

"I have not had the usual satisfaction of my wine," he said, "and I know it is because Jed is not in condition."

"I'm not well, Mr. Sidney," said Jed. "I didn't want to say anything about it, because I didn't want to interfere with your evening, but since you mention it, I'll admit it."

"Go on along then, Jed," said Mr. Sidney. "Go and have the doctor look you over."

"I'm not sick," said Jed almost angrily, "but I know I'm bad company. I'll go to bed."

"There's something wrong with the man," I said as Jed left, "but it isn't physical."

"So I imagined," said Mr. Sidney. "He's as strong as an ox. He's got the constitution of an ox. However, he's not himself tonight, and that's all there is to that. Will you read to me?"

It was eleven o'clock when I went to my room. I was glad of my release, although it had been a pleasant



Just Then I Was Blinded by the Light of an Electric Flashlight Hitting Me Full in the Eyes.

evening. For a dead or a dying man—for a living and live man, for that matter—Mr. Sidney had extraordinary manners and great charm. He gave a dignity and worth to life by his very manner of leaving it. In going from it, he proved it to be worth while—which, I suspect, is the highest accomplishment of the real gentleman.

After I had gone to my room, I found myself restless and thought I might find rest in a walk. I expected to be joined by my friends the mastiffs and Alredales as soon as I was outside, but not a dog appeared. This was enough to be noticed, but not enough, at the time, to be given significance. I walked about for a while and re-entered the house with quieter nerves.

I found that I was tired. Ordinarily I liked at least an hour's reading just before bed, but this night I wanted sleep.

I was grateful for the mood and the opportunity, and I yawned once or twice as I got into my pajamas.

I did not know when I went to sleep or how soon thereafter I awakened. It was possibly only two hours later. I did not look at my watch, for the very good reason that other things at the time were more important. A bright moonlight was shining, and whatever had awakened me, the moonlight showed me good cause to be awake. In a window which the moonlight touched with full, illuminating force, was a face recognizable as that of the Spanish sailor.

Again only his head was visible, but this time he was in my bedroom window and seemingly trying for entrance into my room. This may seem a more ghastly proceeding than his appearance above the wall early in the evening, but really it was not. I had the shock of unpleasant astonishment, but I felt, to my satisfaction, the ability to handle the situation. I was not frightened by the appearance of the head in my window. I suppose it is because the appearance suggested burglars, and burglars are conventional.

I lay quietly in bed and wondered how much more than the head I should see. Just then I was blinded by the light of an electric flashlight hitting me full in the eyes.

A second later the flash was gone. The face in the window was gone and a slight movement on the gravel below showed me that my visitor was gone. I got up and looked out. Although the lawn was bright in the moonlight, no one was to be seen. The Spaniard had disappeared into the woods.

To come to an understanding of the

sailor's acts, not much reasoning was needed; it was not my room he was trying to enter, but Jed's. His flashlight had not only shown that I was awake but that he had the wrong man, and he had climbed down and run into the woods. One mystery was how he had escaped the dogs.

That was explained the next day; they had not been loose the night before; had not been released from their kennels. They were found restless from an unexpected night of confinement. They had not been out because the stableman who had charge of them had spent the afternoon and night in the village of Hartley, drunk.

It was an extraordinary and not an ordinary proceeding for this stableman, who had been a dependable character. It did not require much suspicion to conjecture that he had been tampered with in deliberate purpose to free the grounds of the dogs for the use the Spanish sailor made when he climbed up to my room.

The stableman, proved delinquent, was so apparently contrite and innocent that it would have been an injustice to punish or discharge him. He had gone to the village in the early afternoon on an assigned mission for the house. He had used the opportunity to drink a few glasses of beer, for which proceeding no one would blame him in Hartley house. It seems that he drank two or three glasses more than he intended to and, even beer being in a fashion intoxicating, got into a condition which made him amiable to the approach of a stranger who succeeded in interesting him in the immediate prospects of life, which then to him were chiefly alcoholic.

He and the stranger had much talk and many drinks. The stableman lost all sense of responsibility, which was not strange, and proceeded from beer to strong liquor, forgetting all his duties to the house. In consequence he did not get home that night, and the dogs were not loose.

Naturally one drew a direct line from this performance to the appearance of the Spaniard at my window, and there was natural wonder as to what kind of confederate the Spaniard could have so effectually to prepare the way for him.

The Spaniard had a confederate who was ingenious and resourceful; that was evident. He had made a deliberate play to get the dogs out of the way the night the sailor made his attempt to get into Jed's room, and had succeeded in almost getting into mine.

Two days after the strange appearance of the Spaniard, I was asked for and was told that a gentleman desired to see me. I went to the office of the house and saw a man who instantly suggested the one who had entertained the stableman so successfully.

He was so easily described that it was a crime for even a drunken stableman to have missed his distinguishing characteristics, but at that, the stableman had made identification possible. The moment I saw the fellow I thought we were nearer the solution of the mystery of Hartley house.

He was a significantly insignificant-looking man; that was his identifying mark. He seemed timid and insecure of himself, apologetic for his intrusion upon me and withal determined to do whatever it was that was in his program. I wondered how so shrinking an individual had played a jovial part in a village tavern with yokels at drink. His card indicated him to be a lawyer and gave his name as Phil-etus M. Brown. He came directly to his subject—for which I thanked him—as soon as he had made a brief preliminary of commonplaces of introduction and greeting.

"I have asked for you, doctor, because I know of no one else here who will serve. I do not wish to approach Mr. Sidney directly and cannot trust the factotum you know as Jed. I would not impose upon Mrs. Sidney or her daughter except in extremity. You are here, a rational human being and interested, I am informed, in the fortunes of this family. Therefore I have come to you."

"For what purpose?" I asked.

He smiled as if to apologize for having any purpose, and pulled at the cuffs of his coat.

"I'll be frank," he said. "I hardly know the purpose clearly myself. My client is a sailor. My practice lies considerably along the water front in the city. It has not made me rich. I have lost a good deal of egotism and have become pragmatic. I have to get along and to deal with facts. There are people dependent upon me, and I have not been much to depend upon."

"The condition of your finances or your morals cannot be of interest to me," I said. "What have you that is of interest?"

He smiled as if he was used frequently to rebuff.

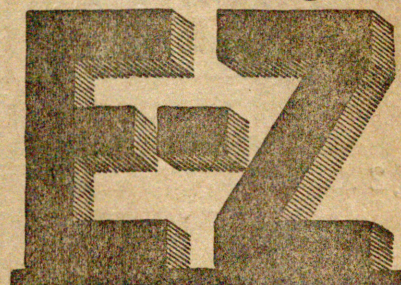
"What I have, I assure you, humiliates me to present, because I realize that if I succeed for my client, I shall be in the way of blackmailing Mr. Sidney. My consolation is that I am only an agent and I am sure that I shall be a more considerate and honest one than any other this ignorant sailor would find. It has been necessary for me to know many languages to make my small living. My Spanish client does not know much if any English. He has been a man of precarious manner of living, and it seems that several years ago he was in the employ of Mr. Sidney."

No wonder Jed is worried.

(TO BE CONTINUED.)

The more money you save the more respect your heirs will have for you.

For The Best Shine Ask For The Big Can



Liquid Stove Polish

Dustless-Ebony Shine

E-Z Iron Enamel for the Pipe
E-Z Metal Polish for the Nickel
E-Z Shoe Polish saves Shoes

Money Back Guarantee

MARTIN & MARTIN, Chicago

Better Than Pills For Liver Ills.

NR Tablets tone and strengthen organs of digestion and elimination, improve appetite, stop sick headaches, relieve biliousness, correct constipation. They act promptly, pleasantly, mildly, yet thoroughly.

NR Tonight, Tomorrow Alright



Bad Stomach

Sends Her to Bed for 10 Months

Eatonio Gets Her Up!

"Over a year ago," says Mrs. Dora Williams, "I took to bed and for 10 months did not think I would live. Eatonio helped me so much I am now up and able to work. I recommend it highly for stomach trouble."

Eatonio helps people to get well by taking up and carrying out the excess acidity and gases that put the stomach out of order. If you have indigestion, sourness, heartburn, belching, food repeating, or other stomach distress, take an Eatonio after each meal. Big box costs only a trifle with your druggist's guarantee.

A Beautiful Complexion & Admiration

Ladies—A few days' treatment with CARTER'S LITTLE LIVER PILLS will do more to clean up the skin than all the beauty treatments in creation. An imperfect complexion is caused by a sluggish liver. Millions of people, old, young and middle age, take them for Biliousness, Dizziness, Sick Headache, Upset Stomach and for Sallow, Pimples and Blotchy Skin. They end the misery of Constipation.

Small Pill—Small Dose—Small Price

HEALS RUNNING SORES

"I feel it my duty to write you a letter of thanks for your wonderful Peterson's Ointment. I had a running sore on my left leg for one year. I began to use Peterson's Ointment three weeks ago and now it is healed."—A. C. Gilbrath, 704 Reed St., Erie, Pa.

For years I have been selling through druggists a large box of PETERSON'S OINTMENT for 35 cents. The healing power in this ointment is marvelous. Eczema goes in a few days. Old sores heal up like magic; piles that other remedies do not seem to even relieve are speedily conquered. Pimples and nasty blackheads disappear in a week and the distress of chafing goes in a few minutes. Mail orders filled. Peterson Ointment Co., Inc., Buffalo, N. Y.



Girls! Girls!! Save Your Hair With Cuticura

Soap 25c, Ointment 25 and 50c, Tarcom 25c.

GREATEST LIFE SAVER

Wards off colds, influenza, pneumonia and sickness

Bulgarian Blood Tea

Sweetens the stomach, tones the liver, flushes the kidneys and purifies the blood. Sold everywhere by druggists and grocers.

Investment and Business Opportunities—Free. Upon receipt of your name and address I will furnish you full information and map covering operation of Company that looks like a sure shot to pay 50% the first year and double from then on. This investment will particularly appeal to those of moderate means. Quick action necessary. Add. Northern, 1204 1/2 Main St. Dallas, Tex.

HOXSIE'S CROUP REMEDY Used at the White House by the children of a President of the U. S. 50 cents.

POULTRY
CACKLES

SHIP EGGS BY PARCEL POST

Cost Depends Greatly on Container Used, Size of Eggs and Packing and Wrapping.

Average hens' eggs will weigh about 1½ pounds to the dozen, or two ounces apiece. The weight of a single dozen of eggs in a carton properly packed and wrapped for mailing will run from two to three pounds, depending on the nature of the particular container, the size of the eggs, and the packing and wrapping used. If the container be a very light one and the eggs small, the parcel may fall within the two-pound limit, and the postage, therefore.



Fiber-Board Box Filled With Corrugated Pasteboard Lining and Fillers of Same Material—Each Egg Has a Separate Wrap.

within the first and second zones, or 150-mile limit, would be six cents. Most parcels containing a dozen eggs will exceed two pounds but will not reach three; therefore the postage on them will be seven cents within the first and second zones. A parcel containing two dozen eggs will add perhaps two cents to the postage, though sometimes only one cent, depending on the nature of the container and the packing and wrapping.

It should be observed that the larger the parcel (within the size and weight limits) the cheaper is the postage, as the first pound of every package costs five cents within the first and second zones, while each additional pound up to 50, costs but one cent; so that while a one-pound parcel would cost five cents postage, a two-pound parcel would cost only six cents, or three cents a pound. A 20-pound parcel would cost 24 cents or one and one-fifth cents per pound and a 50-pound parcel would cost 54 cents, or but one and two-fifths cents per pound.

FATTEN TURKEYS GRADUALLY

Select Desirable Fowls Beforehand and Feed Them Corn—Save Best for Breeding.

Turkeys will not fatten well in confinement. Select the Thanksgiving offerings beforehand, and begin to fatten them gradually by feeding more corn. Too much new corn is bad for turkeys unless it is boiled. Boiled corn is a good fattener, and will not cause diarrhea, as will an overfeed of the new corn. Treat the turkeys for lice, looking especially between the quill feathers. Give them plenty of grit and water. If they have not been in the habit of coming home early to feed, drive them in. They should also be driven out in the morning if they are disposed to hang about the chicken house. The exercise which foraging gives them is the best health insurance.

Do not try to fatten the breeding stock. We want big, rangy birds without too much flesh in the breeding pen. Try to separate the breeders before fattening the sales birds. The heavier birds will be the most profitable for the Thanksgiving market, but do not sacrifice breeders if turkeys are to be raised next spring. Save the breeding flock from the most vigorous, best birds grown. Choose size and not weight.

KEEP EGG-PRODUCING FOWLS

Hens With Yellow Shanks, Smooth Plumage and Nice Looking Are Not Good Layers.

When feeding the flock, notice the shanks, beaks and plumage of your birds. If they have yellow shanks and beak, nice smooth white plumage and are in general good looking birds, it is safe to guess that they have not laid a great many eggs the last season and are not laying many, if any, now. Sell such hens and keep the ones that have pale shanks and beak and worn plumage, for a hen that has worked hard producing eggs during the past season will show the effect of hard work just the same as a person will show the effects of a hard day's work in the field.

TROUBLE IN GROWING CHICKS

Vast Majority of Difficulties Due to Improper Methods of Handling and Feeding.

It is safe to say that the vast majority of trouble experienced with growing chicks is due to improper methods of handling and feeding. Much of the terrors of "white diarrhea" are not due as much to the actual presence of the dreaded disease germs as they are to other causes which really foster the disease and make it possible.

DADDY'S EVENING
FAIRY TALE

BY MARY GRAHAM BONNER
© BY THE AUTHOR

GAME OF MANNERS.

"I must tell you a story about the game of good manners which they play in a large public school in a big city," said Daddy.

"It doesn't sound like a very pleasant story, for when we have storytelling time we don't want to be preached to or scolded or anything like that."

"But I thought this was such a good idea that you might, Nick and Nancy, tell your teachers about it and also tell the other boys and girls and then you might see how you liked the game. And this isn't my own idea," Daddy said, "but it is the idea of the principal of the big school I'm telling you about and the teachers follow out the idea with a great deal of success."

"In the first place everyone learns the lesson in the form of a story and no one is fooled into hearing a story with a moral without first knowing it. They're all let into the secret that there is to be a good lesson learned by it."

"And I think most boys and girls like to know that, don't you?"

Both children nodded their heads.

"I do twice as well when put on my honor," said Nancy, "and when I know I'm being trusted and when I'm told some of the reasons we're supposed to do this and that."

"And I agree," said Nick.

"Well," said Daddy, "they thoroughly enjoy this lesson as I said before."

"They are let into the secret that it's a lesson, though it is a play-time lesson and they have it in connection with their gymnasium and play-time work, though it doesn't take the place of recess."

"And they grow to understand their teachers better, who are teaching them the game of manners and they get on so much better when both



"Except a Pig."

teachers and pupils understand each other and really like each other.

"For example they hear a story of a little boy who didn't want to wash his hands or face and who became so dirty that he found himself without any companion except a pig."

"After they have heard such a story they all act it out, one taking the part of the dirty little boy, and the others of the people he met who wouldn't play with him or have anything to do with him, or invite him into their homes, or anything nice like that."

"And they take turns with having the story about a boy and about a girl."

"They hear a story of a very rude boy or girl and of how he grew up into a cross man or woman, and they hear of his adventures and what horrible times he had making others miserable as well as himself."

"Then they act out these stories in their classes where they have dramatics and different ones take the part of the bad child or the unmannerly child or the unmannerly grown-up, and of all the people whom these met with in their adventures."

"In this way, by story telling and acting, they learn how to be mannerly, neat, nice, true to themselves and good and courteous to others."

"They are shown by story telling and acting so many things which they hadn't stopped to think about whether they might be rude or mean or disagreeable."

"And they love to practice what they act, and they like to take the parts of the nice characters, and they find themselves actually living these parts and enjoying themselves, too."

"They find that by being neat and cheery and mannerly they don't become little good-goodies, but simply sensible boys and girls, getting the most out of life and school, teachers and each other."

"For manners is to them a nice game where all want to be the winners."

"And oh, what laughter there is when a boy makes a mistake in acting his part of the teacher and in being very unlike the teacher and more like himself which of course is quite natural. Yes, the game of good manners is a great and successful game in this school where there are three thousand and six hundred boys and girls."

Might Interfere.

Walter and Harry, the twins, were saying their prayers. After they had finished Walter exclaimed: "Mamma, I don't want Harry to say his prayers when I do."

"Why not, Walter?" asked his mother.

"Because," he replied, "how do you 'spec' God can hear us both at the same time?"

THE
KITCHEN
CABINET

(©, 1920, Western Newspaper Union.)

Look to your health; and if you have it praise God and value it next to a good conscience; for health is the second blessing that mortals are capable of—a blessing that money cannot buy.—Isaac Walton.

FOOD FOR A FOUR-YEAR-OLD.

As growing children need food to supply the waste going on in their active little bodies, because they are constantly in motion, and to supply building material to build those bodies it is absolutely necessary that every mother should have an intelligent knowledge of the kind of food her child needs.

With the world full of literature on the subject there is no excuse for ignorance. The mother who is informed should see to it that her neighbor knows as well, for we know to be safe from all the evils of poor food and ignorance ourselves, we must help other people to be as wise.

In many homes the price of milk keeps the poor mother from buying what her children really need. Other foods for a child from infancy through the school age may be slighted but milk should be a constant food.

Strong bones and teeth depend on calcium; in combination with phosphorus it is their chief mineral element. Milk is the most valuable food to supply these compounds. Calcium is also obtained from the outer coats of grains, hence whole wheat, bran foods, oatmeal and corn are all most wholesome and necessary.

A generous supply of vegetables and fruit is also necessary as they furnish iron in large proportions as well as other necessary minerals.

For breakfast—a tablespoonful or two of prune pulp, one-half cupful of well cooked oatmeal with three tablespoonfuls of top milk, one slice of buttered toast and a glass of milk or three-fourths of a cupful. At ten-thirty another glass of milk and a cracker.

Dinner—Cream of spinach soup, a half cupful; one egg, one medium-sized baked potato, one slice of bread with a teaspoonful of butter and a small cupful (one-fourth of a measuring cupful) of junket.

For supper—One-fourth of a cupful of cream of wheat, two tablespoonfuls of top milk, a glass of milk to drink and one slice of bread, with butter. A baked apple or three-eighths of a cupful of apple sauce.

"Give no more to each guest than he's able to digest. Give him always of the prime and but little at a time."

HUNGARIAN STEAK.

Chip one pound of round steak, add one egg, one-half cupful of rice. Scald large sized cabbage leaves, roll a portion of the meat mixture for one serving in each, fasten with toothpicks until five portions are made. Put in a kettle, cover with water and cook one hour. Season with paprika, thicken the gravy and serve.

Spiced Steak.—Melt two tablespoonfuls of butter, fry one large onion minced in it until a rich brown; take out the onion. Cut one flank steak in pieces, dredge with flour, fry in the butter, take out the meat, add two cupfuls of hot water, three tablespoonfuls of vinegar, one teaspoonful of mustard, one teaspoonful of salt and one-half teaspoonful of pepper. Thicken the gravy, put in a casserole and cook one hour. This will serve six people.

Nut Balls.—Take one cupful of chopped cold veal, add 12 chopped almonds, one egg, one-half teaspoonful of salt, pepper to taste. Mix and roll into balls, place in a baking pan and pour over one cupful of rich, highly seasoned tomato sauce. Serve on a platter garnished with water cress.

Tomato Aspic.—Take two cupfuls of tomato boiled with one slice of onion, one teaspoonful of salt, one-eighth of a teaspoonful of pepper, boil 20 minutes and strain. Add two tablespoonfuls of gelatin, dissolve in one-half cupful of cold water, celery salt; salt and bay leaf may be added to the first mixture before boiling. Strain and pour into a mold and cool.

Celery With Cheese.—Cut the coarser stalks of celery and cook until tender in boiling salted water. Place a layer of the cooked celery in a buttered baking dish, cover with a layer of rich, well seasoned white sauce, sprinkle generously with grated cheese and repeat with another layer of each. Finish the top with buttered crumbs and bake until the crumbs are brown.

Fruit Punch.—Shred four oranges and two lemons. Add two cupfuls of water for each cupful of pulp, and sweeten to taste. Flavor with a small bottle of grape juice.

Green Pepper and Cheese.—Remove the piece around the stem of perfect shaped peppers, scoop out all white membrane and seeds. Press solidly into the pepper cups enough cream cheese to fill. Let stand until cold and firm. Cut in slices one-fourth of an inch in thickness and serve on lettuce with French dressing.

Nellie Maxwell

ASPIRIN

Name "Bayer" on Genuine



"Bayer Tablets of Aspirin" is genuine Aspirin proved safe by millions and prescribed by physicians for over twenty years. Accept only an unbroken "Bayer package" which contains proper directions to relieve Headache, Toothache, Earache, Neuralgia, Rheumatism, Colds and Pain. Handy tin boxes of 12 tablets cost few cents. Druggists also sell larger "Bayer packages." Aspirin is trade mark Bayer Manufacture Monaceticacidester of Salicylicacid.—Adv.

The Autocrat.

"Do you and your wife talk politics at home?"

"Never," replied Mr. Meekton. "We have a perfectly good cook."

"What has that to do with it?"

"We are afraid she might get into the conversation and tell us both how we'll have to vote to keep her from leaving."

USE "DIAMOND DYES"

Dye right! Don't risk your material in a poor dye. Each package of "Diamond Dyes" contains directions so simple that any woman can diamond-dye a new, rich, fadeless color into old garments, draperies, coverings, everything, whether wool, silk, linen, cotton or mixed goods.

Buy "Diamond Dyes"—no other kind—then perfect results are guaranteed. Druggist has "Diamond Dyes Color Card"—16 rich colors. Adv.

No Cause for Kick.

"Oh, my tooth aches dreadfully. I don't see why we can't be born without teeth." "I think, my dear, that if you look up some authority on that point you will find that most of us are!"

There doesn't live a man who objects to having nice things said about him.

SWAMP-ROOT FOR
KIDNEY AILMENTS

There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder.

Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound.

Start treatment at once. Sold at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

She Knew!

Teacher (to new girl)—Now, Dolly, I'll give you a sum. Supposing your father owed the butcher fifteen pounds eleven shilling and twopenny half-penny, seven pounds three shillings to the bootmaker, fourteen pounds and ninepence to the milkman, and thirty-one pounds nineteen shillings and threepence three farthings to the coal merchant—

Dolly (confidently)—We should move!—Edinburgh Scotsman.

GREEN'S AUGUST FLOWER

A Marvelous Remedy for Indigestion.

Those who suffer from nervous dyspepsia, constipation, indigestion, torpid liver, dizziness, headaches, coming up of food, wind on stomach, palpitation and other indications of disorder in the digestive tract will find Green's August Flower a most effective and efficient assistant in the restoration of nature's functions and a return to health and happiness. There could be no better testimony of the value of this remedy for these troubles than the fact that its use for the last fifty-four years has extended into many thousands of households all over the civilized world and no indication of any failure has been obtained in all that time. Very desirable as a gentle laxative. Sold everywhere.—Adv.

A Wise Owl.

At that, he who hesitates is a wise old owl compared to the fellow who jumps at a get-rich-quick scheme.

The Kind.

"Why are they sending out circulars about this business?"

"To show it is on the square."

"DANDERINE"

Girls! Save Your Hair! Make It Abundant!



Immediately after a "Danderine" massage, your hair takes on new life, lustre and wondrous beauty, appearing twice as heavy and plentiful because each hair seems to fluff and thicken. Don't let your hair stay lifeless, colorless, plain or scraggly. You, too, want lots of long, strong, beautiful hair.

A 35-cent bottle of delightful "Danderine" freshens your scalp, checks dandruff and falling hair. This stimulating "beauty-tonic" gives to thin, dull, fading hair that youthful brightness and abundant thickness.—All druggists!—Adv.

Up Against It.

"I have to stay in the dining room now. Can't sit in my private office."

"Why not?"

"With this jazz orchestra going I can't tell when a waiter drops a tray of dishes."—Louisville Courier-Journal.

Stop the Pain.

The hurt of a burn or a cut stops when Cole's Carbolisolve is applied. It heals quickly without scars. 25c and 50c by all druggists. For free sample write The J. W. Cole Co., Rockford, Ill.—Adv.

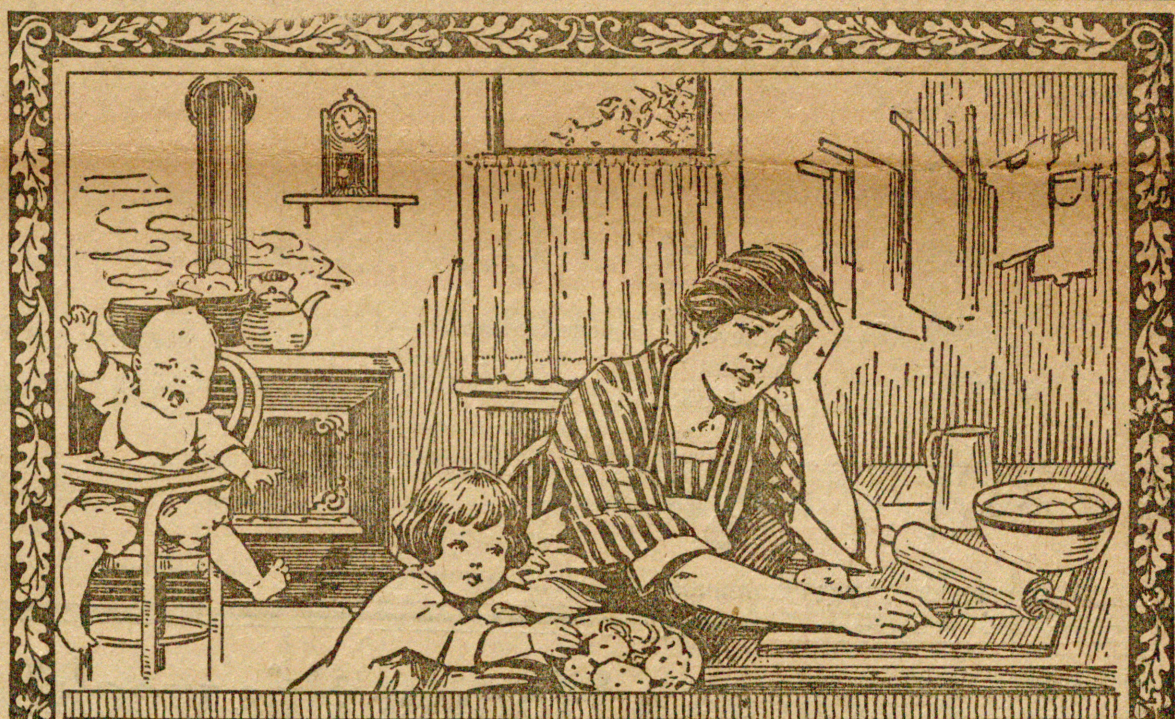
Oh, Those Husbands!

Wife—I won't stand your staying out so late nights.

Hub—Really, my dear, you are unreasonable. You know very well I acquired the habit while courting you.

A spinster may imagine that marriages are arranged in heaven, but a married woman knows better.

Every family tree has more or less dead wood.



The Housewives Burden

When a woman is almost distracted from overwork, her home is in disorder, crying children, and on top of all is suffering from backache, bearing down pains, or some other form of feminine ills, then she should remember that hundreds of women in just her condition have been restored to health and regained their youthful strength by taking Lydia E. Pinkham's Vegetable Compound and not rest until she has given it a fair trial.

Proof that it Restored the Health of These Two Women

Cairo, Ill.—"Some time ago I got so bad with female trouble that I thought I would have to be operated on. I had a bad displacement. My right side would pain me and I was so nervous I could not hold a glass of water. Many times I would have to stop my work and sit down or I would fall on the floor in a faint. I consulted several doctors and every one told me the same but I kept fighting to keep from having the operation. I had read so many times of Lydia E. Pinkham's Vegetable Compound and it helped my sister so I began taking it. I have never felt better than I have since then and I keep house and am able to do all my work. The Vegetable Compound is certainly one grand medicine."—Mrs. J. R. MATTHEWS, 3311 Sycamore Street, Cairo, Ill.

Chattanooga, Tenn.—"I used Lydia E. Pinkham's Vegetable Compound before my baby came when I could no longer keep up. It strengthened my back and relieved me of the ill effect which so often develops at such times. That was my first experience with the Vegetable Compound. Years afterwards I took it during the Change of Life and got along so well I scarcely ever had to lie down during the day and seldom had dizzy, fainting spells. I am now well and strong, can do all my housework with perfect ease and it is a comfort to me to be able to say to other suffering women 'take Lydia E. Pinkham's medicine and be strong.' I will be glad to have you use my name if it will be the means of helping any one."—Mrs. R. A. FAIRBURN, 606 Orchard Knob Ave., Chattanooga, Tenn.

Ailing, Overworked Housewives Should Rely Upon

Lydia E. Pinkham's
Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.

Joliet's New Store Beautiful

L.F. BEACH CO.

The Store of Quality

New Coat Arrivals at Opening Sale Prices

Again the calendar is turning to the end of October and the chilly winds remind us of one great outstanding fact.

—The need of a Heavy Coat.

—With daily new arrivals in stock, superior qualities and prices radically lowered—this store emphatically testifies to the value of making it your headquarters while buying a coat.

Prices \$25 and up to \$150

Beach's—Third Floor

Children's Coats

Sizes 2 to 6 years

Priced \$9.50, \$12.75, \$16.50

—The little miss will be more than delighted to own any one of these lovely coats of chinchilla, velour and broadcloth. Mothers, too, will delight with them, not alone because of the nice little lady styles in good materials from which they are developed—but also because of their warmth, their full lining and their simple yet charming trimming of buttons, tucks and fur.



Dashing New Wool Dresses

\$25.00 \$32.50

—Clever new models of serge and tricotine for the school and business "Miss." Frocks with the plain skirt but so designed and finished with buttons, braids, ruffles and pleating as to give these frocks style and individuality.

Sizes 16, 18, 30 and 38.

Beach's—Third Floor

Reserve a Hoover this week!

We expect very shortly our next Hoover shipment, ordered last summer. The call is so strong that they usually are all reserved in advance of arrival. We recommend your prompt consideration to avoid a wait later that may prove exasperating at house-cleaning time. The Hoover is the largest selling electric cleaner in the world because

IT BEATS . . . AS IT SWEEPS AS IT CLEANS

Demonstrations daily in our main aisle—you are invited We also demonstrate in the home and offer convenient terms

B. A. ZECHLIN FRANKFORT, ILL.

For Sale

Two Beautiful Residences in
Tinley Park

PETER W. HEINTZ

Phone 600 295 Western Avenue

BLUE ISLAND, ILLINOIS

Professional Cards

DR. C. SCHERER

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At Your service at All Times

TINLEY PARK, ILL. Tel. 17R

DR. W. V. HEDGES

Office Hours:

2 to 5 and 7 to 8 p. m.

Will not be in Tuesday and Friday evenings. Sunday by appointment only.

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Folker's Block, Frankfort, Ill.

Office hours 9 a. m. to 5 p. m.

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DR. I. ICKSTADT

Physician, Surgeon, Oculist

EYES TESTED FOR GLASSES

Prompt Service Day or Night

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TINLEY PARK, ILL.

Halloween Party at Orland

The Orland Park club will hold a Halloween party at Woodman Hall at Orland Saturday evening, October 30th. A good program and the usual Halloween stunts will be carried out. The party is set for 8 o'clock and everybody is welcome.

Japan's Man-Faced Crab.

One of the most singular looking creatures that ever walked the earth or "swam the waters under the earth" is the man-faced crab of Japan. Its body is scarcely an inch in length, yet the head is filled with a face which is the counterpart of a Chinese coolie—a veritable missing link, with eyes, nose and mouth all clearly defined.

Effect of Singing Lessons.

A teacher of singing declares that a two-months' course of proper breathing exercise should increase the circumference of the chest two or three inches.

MARLEY.

The ladies of the Marley church are working for the bazaar, to be held in the church November 5, afternoon and evening. The supper committee met Tuesday with Mrs. Rust to make arrangements for the eats.

Mr. H. H. Rust of Sheffield, Ill., has been visiting with his brother and family, Rev. and Mrs. H. Rust.

A number of friends and relatives gathered at the home of Mrs. Rust to help her celebrate her birthday, last Wednesday. Those present were: Mrs. Jessie Rice of Laporte, Ind.; Mrs. E. U. Peterson of Joliet; Mrs. Bowen, Mrs. Ward Bush and daughter Virginia, and Miss Hazel Eaton.

Mr. William Cleveland left Saturday for his new home in Martin, Mich. Mrs. Cleveland and children who were here for the sale, left again last Tuesday.

Mr. and Mrs. Jesse Marshall of Wayland, Mich., have returned to their home after spending ten days visiting with relatives and friends.

A daughter was born last Thursday to Mr. and Mrs. Ralph Cutler.

Mr. and Mrs. Paul Hempel of Worth, Ill., spent Sunday with Mr. and Mrs. Herman Braun.

The Missionary society will hold an all-day meeting on Thursday, October 28, at the home of Mrs. C. F. Haley, to make final plans for the bazaar. Dinner will be served at noon.

On Sunday morning at 10:30 at the Marley church, a temperance program will be rendered. Rev. Rust will deliver an address, and the children of the Sunday school will give a fine program.

gram.

Miss Gladys Stubblefield of Ipava, Ill., is a guest at the Rust home.

Miss Bess Barker and brother Paul of Chicago, and Miss Grace Williams, were week end guests at the Ward Bush home.

Mrs. May Wheeler of Joliet, visited at the Richard Gorham home.

Mr. and Mrs. Geo. Hall and family of Hinsdale, and Mrs. Sarah Bartie and son Edward, visited at the Erno Morse home Sunday.

Miss Ruth Rouse and Miss Clapp of Plainfield, visited among Marley people Sunday.

Mr. and Mrs. Ed Nigg and daughter Ruth of Iowa, visited among old neighbors Wednesday in Marley.

Harry Long left Sunday for Manitoba, Canada.

Daniel Laufer visited Sunday with his sister, Mrs. N. Martin in Frankfort.

Mr. and Mrs. Fred Laufer and son spent Sunday at the home of Mr. and Mrs. Norman Armstrong in Joliet.

Mr. and Mrs. Fred Helmke, Sr., entertained last Thursday—Mrs. Henry Harder of Joliet; Mrs. Fred Miller and daughter of Plainfield, and Mrs. Emma Lundy of Denver, Colo.

The following guests helped Mr. James Frazer to celebrate his birthday, Sunday: Mr. and Mrs. Jno. Frazer and son, Mr. and Mrs. Lyle Frazer and son, Mr. and Mrs. Fred Strask and family of Homer.

Mr. and Mrs. Elmer Erickson spent Sunday at the home of August Mosel in Lockport.

Mrs. Stella Biggens and Miss Mary Davis of Joliet, visited Sunday with the former's parents, Mr. and

Mrs. Geo. Casson.

Miss Laura Ruthenbeck of Troy, visited Sunday with her aunt, Mrs. Chas. Haas.

Dr. H. Spangler of Joliet, was a guest Sunday at the Jno. Cutler home.

STATEMENT BY FRANK A. MC CARTHY.

I have been urged by a great many people in this district to file a contest and ask for a recount of the votes in the last primary. The time is so short that if a contest were filed it could not be heard and determined in time for either my opponent or myself to have our names on the ticket in November.

I do not feel that it would be fair to the Republicans of this district not to have a Republican candidate for congress and that would be the only outcome of my filing a contest at this late date. The different factions in the Republican party in Illinois at a harmony meeting held in Springfield Saturday night agreed to forget all differences caused by the bitter fights in the primary and work for the Republican ticket. I feel that this is the thing to do and I am going to forget the primary election and work for the Republican ticket from top to bottom.

I take great pride in the wonderful vote which I received in the entire district. Where I was known best I won, and that is a great satisfaction to me. I carried my own precinct, my own town and my own county. In the entire district I won by the men's vote by a majority of between 3,000 and 4,000. This wonderful showing was only made possible through the unselfish and untiring aid of my friends.

In justice to my many friends and supporters I want to say that the wet and dry question was not an issue in this campaign. Not only is one congressman unable to change the eighteenth amendment, but it takes 89 states to do so. The men were not fooled by this issue being injected into the fight and I believe that if the women had had more time to get acquainted with the political situation and the false issues raised in political campaigns that they would not have been misled on that question. I have an absolute abiding faith that the women of this district are going to be beneficial to the political situation in the district. I believe that they will be for clean, open, fair politics and I believe that after they have had a little experience in the political world that they will make just as good, if not better politicians than the men.

I want to thank the many people who aided me in my campaign. I feel under the greatest obligations to the people of this district for the wonderful support given me in the primary. I am not in the least discouraged but rather am very proud of the record made by my friends. I would not trade the friendship of those who worked for me and assisted me in my last campaign for the highest office in the gift of the people. I shall always feel myself greatly obligated to the people of the district and shall always stand ready to do what I can in their behalf.

(Signed) FRANK A. MC CARTHY.

Mokena to have Halloween party

The Misses Edna Schmuhl and Ruth Neithammer will be hostess to the Evangelical League at the Schmuhl home at a Halloween Party on Saturday evening, October 30th. This will be the November meeting. Everyone cordially invited.

CARD OF THANKS

We wish to thank our Neighbors and Friends who have assisted us during the illness and death of our beloved Mother Also for the beautiful floral offering THE SCHWESER FAMILY Adv.

When Motoring From

Chicago to Joliet

Stop at

CAVALLINI & CO'S

For Ice Cream, Sodas, Candies

CHOICE FRUITS, Etc.

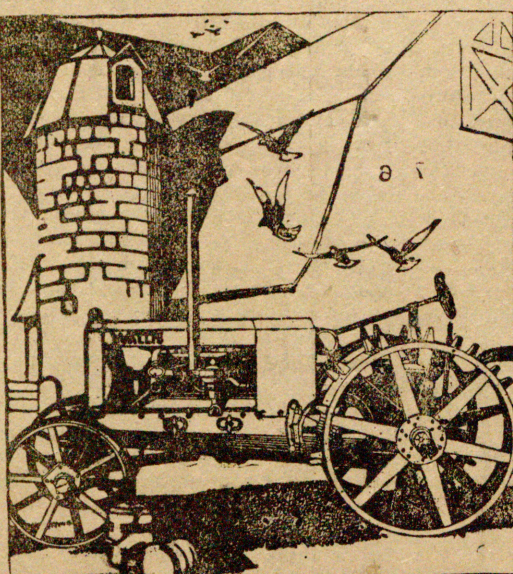
We also carry a full line of

CIGARS AND TOBACCOS

WE ARE HEADQUARTERS FOR THE CHICAGO DAILY PAPERS WHICH ARE ON SALE EVERY DAY AT OUR ICE CREAM PARLOR. PLACE YOUR ORDERS WITH US FOR YOUR SUNDAY PAPERS.

CAVALLINI & CO.

Tinley Park, Illinois



The Wallis Tractors Deliver Results

THE WALLIS Tractor delivers the goods and is the most economical as well as powerful Tractors you can buy for the money. That the WALLIS stands well with the farmers is proven by the fact that 125 of these tractors were sold in a town of 400 population in North Dakota in 1919.

The WALLIS only burns 1 1-2 gallons of fuel per acre plowed and burns either gasoline or kerosene. Another big economical factor is that the WALLIS consumes only 1 1-2 quarts cylinder oil per day.

That the use of properly built tractors, tractor built plows and other tractor implements, such as harrows, disc and drag, packers, etc., will not only maintain but greatly increase production on the farm, is no longer a theory, as thousands of farmers are today successfully demonstrating; they are accomplishing it with less help, for the reason that a tractor like the WALLIS, which has power

to pull three 14" plow bottoms, can turn 10 acres a day, or an acre an hour, compared with 5 acres per day with a 4 or 5 horse unit; and the WALLIS Tractor will disc 40 acres or more a day; all this work being accomplished by one man, and is what is known as a one man outfit. One man can also operate the WALLIS Tractor for other farm work, such as hauling and general belt work.

HENTSCH & HELLMUTH. Mokena, Ill.



Yes We Sell the Letz Grinder

Because it Stays Sold

A sale is a sale, with the Letz. Farmers don't haul the Letz back after trial, although no machine in the house is more completely guaranteed than the Letz.

10 Reasons Why You Should Buy a

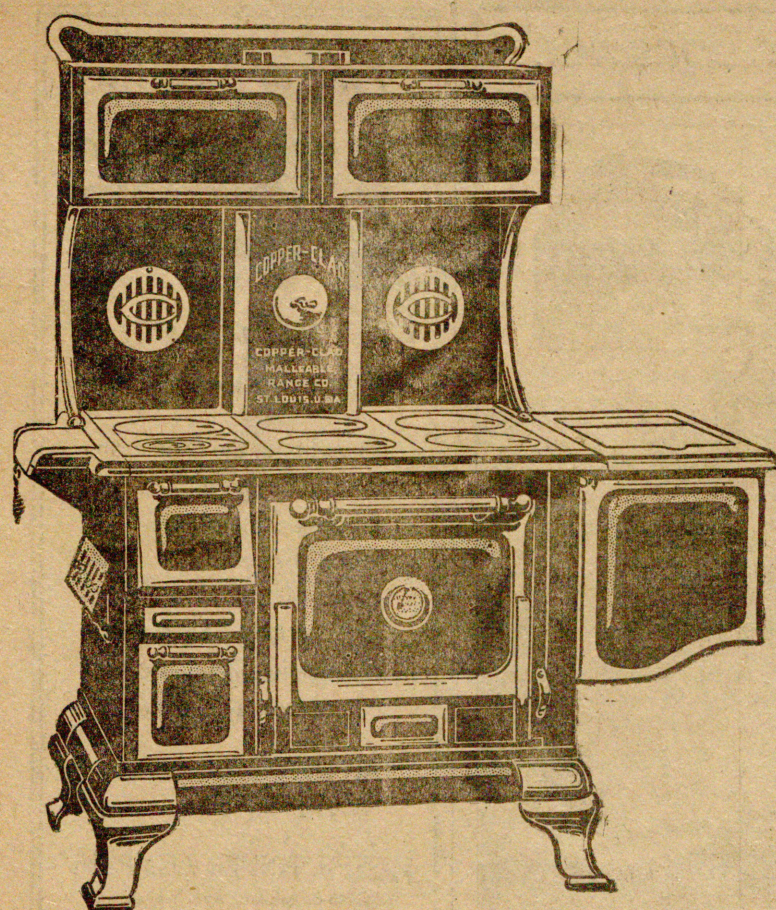
LETZ FEED MILL

- Fine Grinding
- Wet Grain Grinding
- Light Running
- Silent Running
- Quick Changeable Plates
- Self Sharpening Plates
- Self Aligning Plates
- Long Life
- Large Capacity
- Efficient End Thrust Bearing

Letz plates shear the grain instead of crushing it, therefore require less power. One farmer tells us he has ground 90 bushels of corn in one hour in his Letz.

We sell the Letz because it does the business.

FRANK MALL LUMBER Co., Mokena, Ill.



Hot Alfalfa Biscuits

RIGHT OUT OF A
COPPER-CLAD OVEN

ALFALFA Sounds Good—COPPER Sounds Good

Alfalfa Biscuits baked in a Copper-Clad oven is about the Goodest Biscuit you ever tasted. Come and taste-stay and eat. Alfalfa Biscuits with butter and hot drip coffee will be served every day.

Come—bring your friends and make yourself at home.

For one week, beginning Monday, October 25th the Copper-Clad Range will be demonstrated by the Copper-Clad Crank,

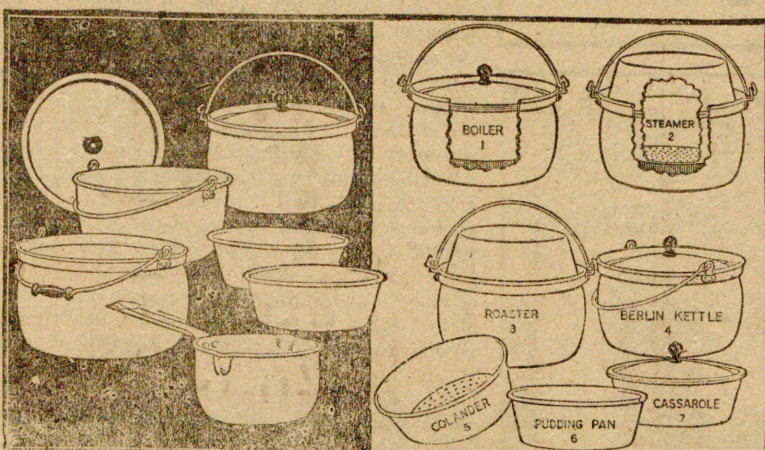
O. B. HERSCHBACH'S

General Hardware, Stoves, Tinware, Etc.
HEATING AND PLUMBING A SPECIALTY
SAMSON AND IDEAL WINDMILLS
FRANKFORT, ILLINOIS

\$15.00

WORTH OF FINE
ALUMINUM WARE

FREE



"Free means that this ware does not cost Copper-Clad buyers a single penny. It is a reward for buying while the crank is here and is offered by him to justify you in attending this sale

This ware is very substantial and just the kind that you would select if buying for your own use. The 7-in-1 convertible cooker takes the place seven different vessels, as shown by figures 1, 2, 3, 4, 5, 6 and 7. You can use this utensil in some form every day.

Free next week to every Copper-Clad buyer.

Come—See the Asbestos Sweat.

Demonstration every day also Wednesday & Saturday nights.

Remember the date—October 25 to 30, 1920

See That Asbestos Sweat

If you want to know why range bodies rust out from the inside leaving an otherwise good range, come and see the Asbestos Sweat. See where and how the Sweat Rust forms. See the patented Copper-Clad Idea: "A sheet of Pure Copper Between the Range Body and Sweaty Asbestos."

See these things for Yourself—know for a certainty.

See The Latest Style In Ranges

The range with concealed hinges, catches, latches, corners and crevices.

The range as smooth as a dish because the nickle parts are free of rivet and bolt heads.

The range with four walls and an air space—built like a thermos bottle.

The range with a solid one piece malleable iron back flue.

The range with a square smoke pipe.

Copper-Clad means a sheet of pure Copper is placed BETWEEN the sweaty asbestos and range body. To place it elsewhere would be like climbing on top of a roof to get out of the wet.

HOT ALFALFA BISCUITS FREE - - HOT DRIP COFFEE FREE

Fairbanks Morse Quality—Very Low Price

This 40 light "F" plant comes to you completely mounted on one base. The power plant is the famous "F" Engine which can also be used to furnish power for washing machine, churn, cream separator, etc., independent of the dynamo, either direct or through a line shaft.

Low speed engine and ball bearing dynamo assure long life, less attention, and lowest possible maintenance cost. Touch a button to start and another to stop. See this wonderfully efficient plant and let us explain all the details.

40 LIGHT F PLANT

\$325

(Complete F.O.B. Indianapolis)
A distinctive design in larger plants is offered below:
65 Lights
100 Lights
200 Lights

40 Light "F" Plant

Tinley Park Machine Shop and Garage

Roast Peacock.

The swan was formerly in great favor for the table. The old bird calls for good teeth, but the young cygnet is tender and good. The meat is dark in color and tastes like goose with suggestion of hare. The peacock also was one of the most famous dishes at royal feasts in the middle ages, but it requires a world of hasting to make it tender and palatable.

Always Behind.

The fool killer is another worthy citizen who never catches up with his work.—El Paso Herald.

Old Japanese Title.

Tycoon is the title by which the Shoguns of Japan were known to foreigners since the signing of the treaty in 1854 by Commodore Perry on behalf of the United States and Iyesada, the shogun of Japan.

Birthday Candles.

The significance of candles on a birthday cake, according to old customs, may be said to exorcise evil spirits and insure the honored guest health and happiness and by their number to indicate his or her age.

Are You
prepared for Mud and Snow?
Be sure you have a set of
WEED TIRE chains

in your car.

WE HAVE ALL SIZES

Cooper & Hoster.

MOKENA, ILLINOIS

Can Quiet Down Now.

"Three time in four days," says a Daily Express report, "a Parisian has thrown his wife out of a bedroom window." Later reports point out that all is now quiet, as the fellow has found his collar button.—Punch, London.

Getting Sense.

There comes a clear day when one realizes that clothes are to keep the weather off you, that food is to give you health, that home is shelter and inspiration; that, aside from being clean and inoffensive, one's personal appearance does not signify very much; that the main thing in life is to be going along toward the goal of your ideals. That isn't getting old! It's getting sense. From then on Time is not master, but friend.—Collier's.

Ancient Watermark.

Watermarks in paper have been used from the earliest times. John Tate, papermaker of Stevenson, in 1494 used an eight-petaled flower for his watermark.

Original "Humpty Dumpty."

The original of the Mother Goose melody was a satire on James II of England, who fled for aid to the court of Louis XIV of France, then the most powerful monarch of Europe, but "all the king's horses and all the king's men couldn't put Humpty Dumpty together again."

Why Cat Does Not Get Fat.

Despite the fact that a cat rarely moves, it seldom becomes as fat as a dog would under similar circumstances. This is because its immobility is not that of inaction; its nerves are working while its muscles seem at rest.

Odd Newspaper Subscriptions.

Greenland hasn't many newspapers of any kind, but the oddest of them all is a monthly paper called the Kalorikmit. (Did you get your tongue twisted after pronouncing this name?) The most unusual thing about this paper is that a three months' subscription costs two ducks, while it requires a sable skin to pay for a year.

Lower Prices

The Manufacturers have reduced the price of Muslin Quilting Calico, Dress Percale, Gingham, Sheetings, and Flannels from 5 cents to as high as 15 cents a yard.

We have Reduced our prices

accordingly and we now advise you to buy what you may need for this winter use. Our policy is to reduce our price whenever we find we are able to buy at a lower price.

MENS BEST QUALITY WORK SHIRT

NOW \$1.40

Muslin prices show a reduction of 12 cents to 17 cents a yard depending on the quality

OTHER GOODS IN PORPORTION

B. BALCHOWSKY & SONS

GOOD GOODS ALWAYS

Frankfort, Illinois



FOR SALE

200 acre farm with good improvements, located 2 miles from Mokena and 2-1-2 miles from Frankfort. For particulars inquire of

Ona E. McGovney

Mokena,

Illinois

Announcement

We wish to announce to the public that the management of the Shure-Rite Garage has changed hands, but that we will continue to do business at the same old stand and we solicit your patronage for vulcanizing, auto painting, battery charging and general auto repair work.

Shure-Rite Garage

STRATING & POAT
Successors to Jas. L. Hoyt.
Tinley Park, Illinois

As to Immortality.

If I am wrong in thinking the human soul immortal, I am glad to be wrong; nor will I allow the mistake which gives me so much pleasure to be wrested from me as long as I live. But if when dead, as some insignificant philosophers think, I am to be without sensation, I am not afraid of dead philosophers deriding my errors. Again, if we are not to be immortal, it is nevertheless what a man must wish—to have his life end at its proper time. For nature puts a limit to living as to everything else.—Cicero "On Old Age."

Precious Mat.

We are told that there are but three mats of ivory in existence. The largest one measures eight by four feet, and, although made in the north of India, has a Greek design for a border. It is used only on state occasions, like the signing of important state documents. The cost of this precious mat was almost incalculable, for more than six thousand four hundred pounds of pure ivory were used in its construction. Only the finest and most flexible strips of material could be used, and the mat is like the finest woven fabric.

ERNST WUNDERLICH

Granite Co.

Not Inc.

Joliet, Illinois

MONUMENTS

The famous Montello and Salida

Granites, guaranteed to hold the Lettering, Color and Polish.

Sugar From Palm Sap.

In the East Indies a sugar known as jaggery is made from the sap of the coconut palm. The sap is obtained by cutting the flower spathe and the juice yields about 15 per cent of sugar. It is consumed locally and is very pure. Chemically, much of it is identical with cane and beet sugar.

National Capitol's Construction.

The foundation of the central structure of the present capitol at Washington was completed August 24, 1818. This central structure and the dome were finished in 1829. In 1855 the early dome was torn away and the present dome was completed in 1864. The two great marble wings were finished in 1859. The statue of the Goddess of Freedom, which rests upon the dome, was designed by Thomas Crawford, father of F. Marion Crawford, the novelist, in 1855.—Cleveland Plain Dealer.

Egyptians First in Field.

The earliest objects that civilization possesses in the way of ancient pottery show that the Egyptians were probably the first to use glazes, but the practice may have originated independently wherever a knowledge of early glazes were of the alkaline type, which had to be first fused into a glass before it could be applied to pottery.

Labor's Wrongs.

"An" when I told 'im in the office that me money wasn't right, he says, 'Ere's a ready reckoner—work it out yourself; 'an' believe me or believe me not, but when I looked at the blessed book I found it was last year's."—London Punch.

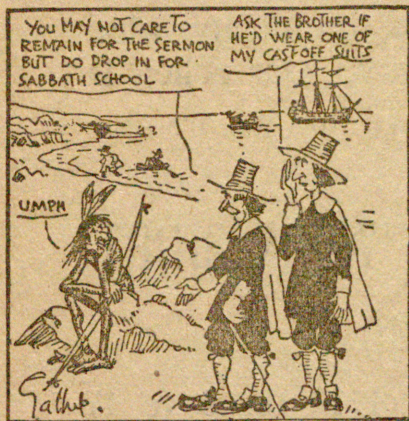
Rann-dom Reels

By HOWARD L. RANN

THE MAYFLOWER

YEARS ago the good ship Mayflower landed its precious cargo of Puritan fathers and mothers on Plymouth Rock and also discharged a large quantity of iron-bound, rock-battered conscience which was not allowed to play outside the yard at home.

It has always been a mystery why the Mayflower landed at Plymouth,



Earnest Efforts Were Made to Convert the Red Man and Induce Him to Wear Something Besides a Scalp-lock.

Instead of picking out some place where there was a good hotel with modern conveniences. It must have been a cheerless sight which greeted the eyes of the Pilgrim Father as he left the Mayflower and saw nothing spread out before him but a large,

three-cornered rock totally lacking in vegetation of any kind except the simple, untutored red man and his feet. It was an uninviting spot. Good table board was scarce and the steam laundry had not shown up.

Despite these drawbacks, which would dismay the stoutest heart in these days, the colonists who came over on the Mayflower did not falter. After sitting around on Plymouth Rock for a few days, in order to remove the seasickness from their legs, they went briskly to work and built a meeting house, where they could assemble on Sunday and listen to 12,000 feet of sermon. Earnest efforts were made to convert the red man and induce him to wear something besides a scalp lock, but not much progress was made in this direction, owing to the tendency of the red man to fill his visitor full of arrow heads before the subject was properly introduced.

The Mayflower was a small boat, estimated at about 54 per cent watertight, and when caught in the trough of the sea refused to sit upright. It took several weeks for the Puritans to reach Plymouth, and at times they were out of sight of land. We would like to ask how many people today think enough of their conscience to undertake a trip like that, if they were able to locate it in the first place? (Copyright.)

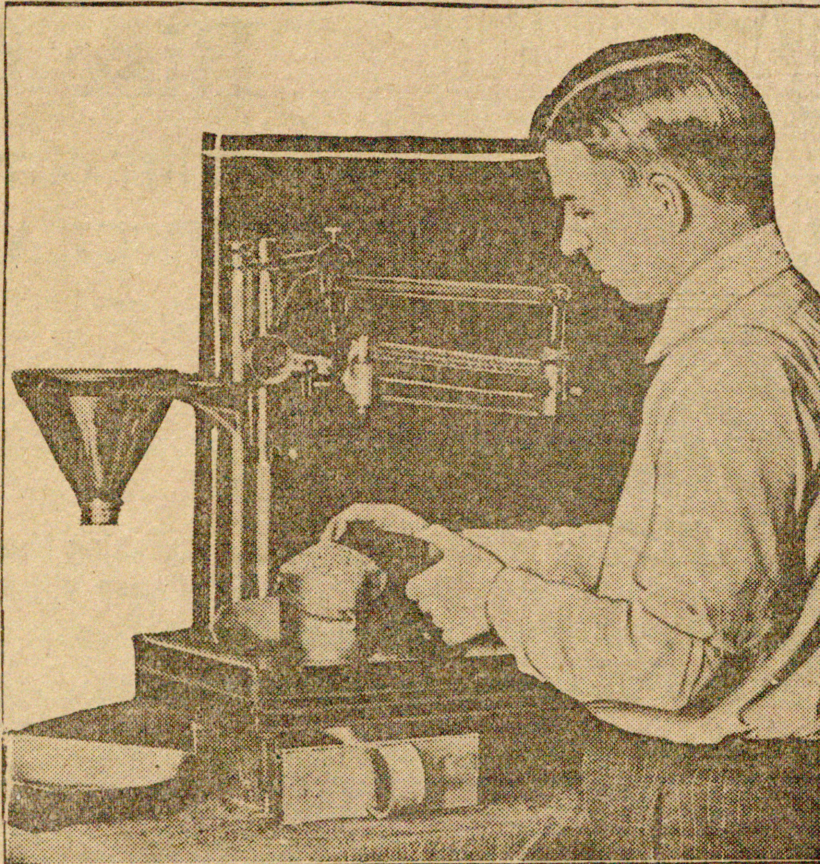
THE ROMANCE OF WORDS

"JITNEY."

DURING the period which immediately followed the Mexican war, a number of words which were contractions or slight changes of terms in common use south of the Rio Grande entered the United States vocabulary because of the increased use of colloquial Spanish in the southern part of this country. Among these words was "jitney"—a combination of two Mexican words meaning the lowest possible value, and first used by American gamblers in scornfully referring to the "small change" or "chicken feed" which the Mexicans insisted on introducing into the games of chance. The copper cent being rare in those days, the term was gradually applied to the United States five-cent piece, and worked its way North, where, among the street arabs of New York a nickel has long been known as a "jit," just as a cent is a "meg," a "dimmo" is a dime and a "cutie" is a quarter.

The advent of the private motorbus which charged five cents for a ride helped materially to revive the term, the automobiles first being known as "jitney-busses" and then the name was shortened to "jitneys." (Copyright.)

TO DETERMINE WHEAT DOCKAGE



Filling a Measure of Wheat Preparatory to Weighing It and Determining Grade of the Wheat.

Of prime importance to the wheat-growing farmer is an understanding of dockage as the term is used in federal wheat grades, and how dockage in wheat is determined, since in grading wheat under federal standards one of the fundamental principles is to determine the numerical grade on a dockage-free basis. With a few exceptions the dockage is first removed from the samples and the grade determined with the clean or dockage-free wheat.

Dockage is the foreign material screened from a sample of wheat to be graded, by the use of appropriate hand sieves or other cleaning devices, and consists of sand, dirt, weed seeds, weed stems, chaff, straw, grain other than wheat, and any other foreign material. It also may contain finely broken or small, shriveled grains of wheat, in cases where such material cannot be separated from dirt and other foreign material by the use of appropriate sieves.

Foreign Material Determined.

The purpose of the dockage provision in the federal wheat standards is to enable the person grading the sample to determine the approximate amount of easily separated foreign material that is in the lot of wheat. Therefore, dockage is approximately the percentage of foreign material which can be easily removed from the lot of wheat by the commercial types of cleaning machinery commonly found in grain elevators and mills.

The dockage test is described in Farmers' Bulletin 1118 entitled "Dockage Under Federal Wheat Grades," which has recently been issued by the United States department of agriculture to aid wheat growers and others in understanding this important feature of wheat grading as provided in the revised federal grain standards for wheat, which became effective July 15, 1918.

Dockage Test Described.

The dockage test is made ordinarily by weighing 1,000 grams of wheat (about 2 1/4 pounds), which constitutes a representative sample. Grams are used instead of other units for ease in determining percentages.

The dockage is separated from this 1,000-gram sample by screening with pan sieves of specified types or by using a cleaning device which has been officially approved. The dockage so separated is weighed and the percentage is found, based on the total weight of the sample including the dockage. If the amount of dockage is below 1 per cent it is disregarded. For example, if only one-half of 1 per cent of foreign material is separated by the means described above, no dockage is assessed. This one-half of 1 per cent, however, should not be returned to the sample used in determining the grade. If 1 1/2 per cent of dockage is separated, 1 per cent of dockage would be indicated in assigning the grade. Thus it will be seen that any fraction of a per cent of dockage is considered as a "tolerance" in the standards.

Indicated in Certificate.

After the dockage is removed the clean sample is used in determining the grade, save in a few exceptions. Dockage does not affect the grade assigned to the wheat. If 1 per cent or more of separable foreign material is found, dockage is assessed. In the inspection certificate the amount is indicated immediately after the grade designation, as, for example, No. 1 northern spring, dockage 1 per cent.

If the wheat seed used is carefully selected, cleaned, tested and treated before planting, if care is exercised in cultivation and crop rotation, and if the wheat is carefully threshed and cleaned, there should be, ordinarily, very little foreign material present when the crop is marketed.

Apply to Foreign Material.

Two terms in the federal wheat standard apply to foreign material—"dockage" and "foreign material other than dockage." The former is foreign material that is separated from the sample of wheat by the proper use of appropriate hand sieves. "Foreign material other than dockage" is the foreign material not separated in the screening, and remains in the dockage-free sample. "Foreign material other than dockage," on the other hand, is a

factor in the grade and definite percentages are permitted in each numerical grade.

Dockage Easily Removed.

Ordinary dockage can be removed from quantities of wheat with comparatively simple cleaning machinery, such as is installed in many grain elevators and mills, or it can be removed on the farm with an ordinary portable fanning mill equipped with a screen having perforations like those specified for the dockage sieves.

Dockage found in wheat in many cases is of real value, while in other cases it not only may have no value, but may contain ingredients positively harmful if ground with the wheat. Dockage frequently contains quantities of other grains and weed seeds, such as mustard, flaxseed, oats or other cereal grain. Much of this can be used to good advantage as poultry or stock feed.

Importance of Dockage System.

It should be understood that it is optional with a farmer whether he remove dockage or not. The point which United States department of agriculture officials emphasize is that it is to his advantage to understand dockage and, in many cases, to remove it himself. If the dockage system is not employed, the foreign material in the wheat may cause a lowering of the grade. If no grading system is employed (grading usually is not compulsory for the farmer in selling wheat at country points, though all shipments to terminal markets are graded), and the country miller or grain dealer buys wheat as delivered at a flat rate, or on the basis of the average quality delivered, the price paid usually is sufficiently low to protect the buyer against loss caused by objectionable foreign material delivered with the general run of the grain.

Under the dockage system of the federal standards, however, the amount of such foreign material separated and considered as dockage is deducted from the weight of the wheat purchased and, in any event, does not affect the grade of the wheat after it has been cleaned. This results in a higher grade, and the price paid is on the basis of this grade.

After the dockage is removed from the original sample and the test weight per bushel has been determined, the sample is then examined to ascertain whether an analysis is to be made for any other factors which determine the grade.

Methods of Handling Dockage.

Various satisfactory methods of handling dockage may be employed in normal times. Where wheat is cleaned on the farm or at the country elevator and only the screened wheat is delivered to the local buyer, there is less possibility of difference of opinion regarding the grade of wheat delivered. Such an arrangement tends to establish greater confidence in the grades given by the local buyer. When noxious weed seeds are present it is advisable to have the removed dockage ground before feeding to prevent the further spread of these weeds on the farm. In many cases such material has a relatively high feed value and often farmers will find it to their advantage to remove the dockage themselves or have their local buyers do it for them. The bulletin describes other methods of handling dockage and making allowance therefor.

Further information as to the correct method of determining dockage in wheat may be obtained by writing the United States department of agriculture, Washington, or by writing to or visiting the nearest office of federal grain supervision. Such offices are located in the large grain markets. A farmer or country grain dealer may also mail a sample to the nearest grain inspector and receive for a small fee an official certificate showing the grade and dockage on that particular sample. This sample should be two quarts in size, of which at least 1 1/2 pints is inclosed in a clean, airtight container. The remainder, if any, with the container, should be placed in a clean cloth sack. The address of the nearest licensed grain inspector can be secured by writing the department or any supervision office.

SCHOOL DAYS



Nothing New Under the Sun. "I understand you have some brand-new get-rich-quick ideas." "No," protested the modest promoter. "Mostly the same old ideas, but some wonderful brand-new literature."

Last Night's Dreams

—What They Mean

DID YOU DREAM THAT YOU WERE DREAMING?

HAVELOCK ELLIS does not believe that such a thing as to dream that you are dreaming is possible. For his part, he says, he has never had any such experience but admits that it has been borne witness to by many philosophers and other investigators of dream phenomena from Aristotle and Synesius down to the present day. In this connection it may be remarked that the literature of dream science is a large one and that the books written upon the subject by learned and distinguished men from Aristotle the famous Greek philosopher who died 322 years before Christ and who was the first to attempt a scientific investigation of the dream problem—down to Freud and Havelock, would fill a considerable library.

Most of the scientists admit the fact of dreams within dreams and nearly everybody has had such an experience, even though Havelock has not. Havelock says that when in our dream we say to ourselves, "I am dreaming," we are not asleep really but have "emerged for a moment, without realizing it, to the waking surface of consciousness." No one who has had such a dream will agree with him. The other scientists, admitting the dream within a dream, explain it in various learned psychological ways.

As for our mystic he bothers him self not at all about psychology but declares that it is unlucky to dream that you are dreaming. For it means that somebody is going to deceive you and cheat you out of money or valuables. So if in some complicated or unpleasant dream your "dream-thought" says: "It's all right anyway; I am only dreaming," look carefully after your affairs and keep watch of those who are in a position to deceive you. Journeys, unless absolutely necessary, are not recommended after such a dream. But its special warning is to be on the alert for cheats. (Copyright.)

The Woods

SETTIN' IN THE SUN.

I reckon the party who sets on a throne
Has a perfectly miser'ble time;
There always is some one a-pickin' a bone

With a king or a monarch sublime.
Some calculate maybe that bein' a king
Is a job that is gen'ally fun—
Well, well, it may be,
But the best thing, to me,
Is jest settin' right here in the sun.

I reckon the party who sets in the chair,
In the president's chair, an' all that,
Must tote on his person consider'ble care

An' a passel of woe in his hat.
Some calculate maybe it's fun to be boss
Or even for office to run—
Well, that may be so,
But the best thing I know
Is jest settin' right here in the sun.

I reckon the party who sets up on high
He may wish for a moment that's calm,
It's awful to set there an' find by-an'-by
That you've done gone an' set on a bomb.

I calculate, if they should blow up a king,
In spite of the good he has done,
Nary king he be;
But me, as for me,
I'll be settin' right here in the sun.
(Copyright.)

MOTHER'S COOK BOOK by Nellie Maxwell

What we do belongs to what we are; and what we are is what becomes of us. —Van Dyke.

SAVORY DISHES.

The following dishes are but suggestions to the housewife, for many tasty and wholesome dishes may be prepared from the food at hand:

Westphalia Balls.

Pass a cupful of boiled potatoes through a sieve and mix with four tablespoonfuls of finely minced ham, two tablespoonfuls of butter, two eggs, well-beaten, one-quarter of a cupful of cream, cayenne, mustard and salt to taste. Form into balls, egg and crumb them and fry in deep fat until a light brown. These may be served with or without a cream sauce.

Savory Eggs.

Cook four eggs in the shell until hard. Shell, cut in halves, pass the yolks through a sieve and mix with two tablespoonfuls of ham, a little onion, two tablespoonfuls of cream, two minced sprigs of parsley, salt, cayenne, chopped taragon to taste, and mix well. Fill the egg whites with the mixture and lay on a platter. Pour round the eggs one cupful of mayonnaise to which has been added one small chopped pickled cucumber chopped fine.

Potted Creams.

Fry rounds of bread for six or eight persons and set them in the oven. Take one-quarter of a pound of cheese, four tablespoonfuls of butter, salt, cayenne and mustard to taste, adding one tablespoonful of any fruit juice, mix well and spread a spoonful of each on the bread. This mixture may be used

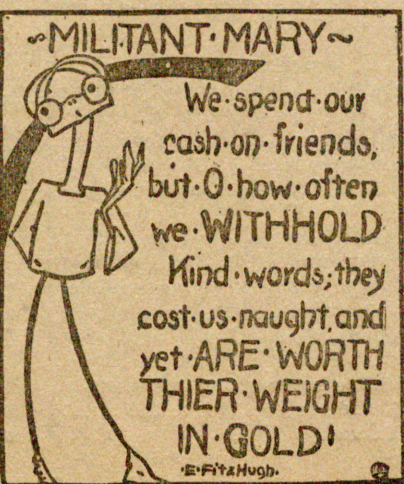
Parmesan Puffs.

Take one-half cupful of grated Parmesan cheese, two-thirds of a cupful of bread crumbs, one-half teaspoonful of salt and a few dashes of cayenne; put all this mixture into a mortar and pound until well blended. Beat two eggs and add to this mixture. Make balls the size of a large walnut and fry a light brown.

Hot Sauce Tartare.

To one-half cupful of white sauce add one-third of a cupful of mayonnaise, one-half a chopped shallot, one-half teaspoonful of vinegar, and one-half tablespoonful each of chopped capers, pickles, olives and parsley. Serve when the mixture is heated, but not boiling. This sauce is nice with boiled fish.

(© 1920, Western Newspaper Union.)





LESSON FOR MR. MOUSE

ONE day Mrs. Mouse, who had three small babies, found an old shoe which she dragged with a great deal of trouble to where she lived in the attic.

"This will be the very thing for my babies to sleep in when I am away hunting for food," she said to herself.

Poor little Mrs. Mouse, she had a hard time of it, for her husband, Mr. Mouse, was a lazy fellow, never bringing home a thing, but always eating



everything he found in the house and never thinking of his wife and children.

One day Mrs. Mouse tucked her three babies snugly in the shoe and told them to sleep until she returned.

Mr. Mouse was asleep behind a box nearby, and when he awoke he sniffed, for he smelt the leather shoe.

He ran to the shoe and sniffed. "Not much taste," he said, "but it will save my running out for my breakfast," and so he went on nibbling.

Nibble, nibble, nibble, went Mr. Mouse, and the first thing he knew he pulled out the tail of one of his own children from the toe of the shoe.

"Now what is that?" he said, look-

ing at it with sharp eyes, "I don't like worms; I guess I will begin to eat on the other side."

Nibble, nibble, nibble, he worked, and then he jumped, for there was a tiny paw, and this time he awoke the baby mice, who began to squeak.

"Squeak, squeak!" cried the babies. "father is trying to eat us up." And just that minute along came Mrs. Mouse.

Long-suffering Mrs. Mouse had reached the end of her patience; she grabbed her husband by one ear and such a twist as she gave it. "You wretch!" she cried; "you would eat my babies, would you?" and she gave him a smart box on the other ear.

This time he ran behind a box, where he sat trembling and frightened for he had never before seen his little wife angry.

Every time he came near her Mrs. Mouse ran at him, and after a while he gave it up and away he went.

By and by, when the babies were asleep and Mrs. Mouse was getting ready to go out again, Mr. Mouse came tugging home a big piece of cheese and meekly laid it before his wife.

He did not even try to nibble it himself, but sat still and watched her eat, and when she had finished he said: "I know where there is plenty more, my dear; you stay at home after this and take care of the babies and I will bring home the food."

"And to think," said Mrs. Mouse as she sat alone later, "that all this time I could have made him work if I had not been so meek. I wish I had boxed his ears long ago."

(Copyright.)

BEAUTY CHATS

by Edna Kent Forbes

BREATHING EXERCISE

EVERY woman should study up a little on the subject of health and beauty. She need not spend much time over it—only a few moments a day, until she is familiar with the few principles that form the foundation of buoyant health and good looks. For even the most intelligent women are badly informed on such matters.

Then, knowing more about this subject of appearance and health the woman will know what sort of methods she needs to improve herself and will not waste time using tonics that

the body so full of air it seems ready to burst. This is held and repeated, until the cheeks flush and the new blood runs through the veins, and the stomach seems rejuvenated. Study it up—and practice it.

(Copyright.)

Off Again On Again
STRICKLAND W. GILLILAN
(Copyright.)

Hay.

Hay is what we are told to make while the sun shines.

Hay is divided into many kinds. We used to help divide it, so that it would cure enough to be stacked or put into a mow.

It would be cruel to stack or store hay that was still ill or under the weather.

Sunshine and air in abundance will cure almost the sickest hay.

There are alfalfa, clover, timothy, redtop, peanut, cowpea and John Hay, Jr.

Alfalfa will produce almost as many crops of hay as a real estate agent will tell you it will.

Clover is hard to cure.

It is inclined to be sullen and despondent and often has to be handled with a sulky rake.

If permitted, it will settle down in a sad, black heap and rot utterly.

We know of few things any more depressing to the sight than a field striped with clover windrows when there have been two weeks of cold rain on it.

Hay like that makes fine feed for a horse that one is anxious to lose.

Hay is also the first name of a popular brand of sneezey fever.

FINNIGIN FILOSOFY.

Ut wud be a fine ting t' lave off enough fr'm the price av that diamond ring an' buy a ton av coal fr'a fam'ly wid shiverin' childher in ut.

Novelized Stuff.

"She merely played with the food on her plate."—Any Novel.

She probably gave the bread a roll, the butter a playful pat, did a turn with her fried eggs and tickled the pigs' feet.

Holding Its Own Sportingly.

Let what ball player may, hold the record for high batting average and base larceny and all that for the season, the Panama canal holds the highest percentage of slides.

Explained.

"I was in the Serbian army," the stranger said, through his clenched teeth and his interpreter.

"Yes, but you are shot in the face!" said the man who keeps track of current events.

"Ah, yes. I got nervous and looked back!"

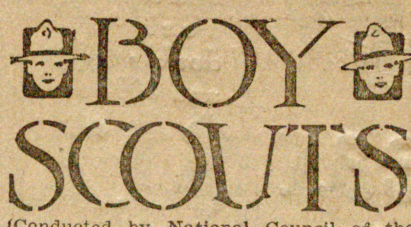
FINNIGIN FILOSOFY

Minnay a mon widout a t'ought in 's head has th' knack av sayin' nawthin' so impressively an' obscurely that ut sounds like good shuff.

DOROTHY DALTON



This charming "movie" star was born in Chicago September 22, 1893. Following her graduation from Sacred Heart academy her father wished her to study law, but she persuaded him to let her try a dramatic career. After a brief experience on the stage she turned to pictures. Miss Dalton is an ardent aviatrix and never misses an opportunity to fly.



(Conducted by National Council of the Boy Scouts of America.)

TROOP OF BLIND BOY SCOUTS

Troop 79 of Hartford, Conn., has its headquarters in the Connecticut Institute for the Blind, because that's where its 17 scouts live. They are blind. Most of them are stone blind; some can distinguish light from dark, and a few dim objects. Troop 79, to all intents and purposes, does all its scouting in the darkness of the blackest night there can be. Not much fun in that, you say; not much likelihood of scouting efficiency; no first-class scouts in Troop 79. No? You should see them building their human pyramids, and doing other athletic feats difficult for boys with full eyesight.

G. S. Ripley, scout executive at Hartford, who visits this troop and sees them at camp, says that each boy makes his 100 per cent of noise. They move about as confidently as any group of scouts, and are not discouraged by frequent bumps into strangers who don't know how to get out of the way of a blind man. "Don't mind that," they say, with a grin, when the stranger apologizes, "I am used to it."

These blind scouts are working right along toward first-class rank. They do their signaling by the telegraph key in the Morse code. They can apply bandages, they know first aid, can use knife and ax, and can tell the points of the compass. Several of them have passed the fire-lighting test. In the cooking tests they estimate by the time elapsed and the heat thrown out by fire, just how well the food is cooked. In the store window test a large table is substituted covered with objects which the boys feel of carefully and then write descriptions about. They found this rather difficult.

A few of these blind scouts can swim a little. One of them, a good athlete but absolutely blind, dove



Truly Remarkable Are the Athletic and Other Feats of the Sightless Youths in Troop 79 of Hartford, Conn.

from a tower 7 feet above the water, and also jumped from a tower nearly 20 feet above the water and wanted to dive from the latter, but the director would not permit the attempt. The only time Mr. Ripley ever heard this scout complain was when he was not allowed to do his share of camp duty.

SCOUT REMEMBERS THE LAW

The boy scouts were telling their scoutmaster of some of the good turns they had done during the week. He was having this done for the benefit of one of the city school teachers who was visiting the meeting. One of the little scouts said, "I was helping an old lady across the street."

The next little scout looked at the visiting teacher, who happened to be his teacher and was in the early thirties. "I brought my teacher a pitcher of well-water when she was not feeling well," he told the scoutmaster.

The teacher smiled, "Why didn't you say you helped another old lady?" she asked.

The retort that came back staggered her. The little scout said sweetly, "A scout is courteous."—Indianapolis News.

RADIO SCOUTS, LISTEN IN.

Now that the United States navy is transmitting official news of the boy scouts from its high power radio stations, it is possible for every scout to get the gist of the official news from national headquarters. Every local council and troop should have a receiving station operated on watch every evening. Messages start at 9:30 p. m. eastern standard time.

CAN ALWAYS BE A SCOUT.

A scout in good standing finding it necessary to sever his connections with the movement may, upon proper application, be granted a certificate of service, showing that he has been a faithful scout and that he leaves the organization with honorable discharge. But there is no necessity for leaving the organization. If you cannot attend meetings regularly you can become an associate scout. If you have moved away from scout centers you can become a pioneer scout.

Kill That Cold With

HILL'S
CASCARA QUININE
FOR
Colds, Coughs
AND
La Grippe

Neglected Colds are Dangerous
Take no chances. Keep this standard remedy handy for the first sneeze.
Breaks up a cold in 24 hours—Relieves
Grippe in 3 days—Excellent for Headache
Quinine in this form does not affect the head—Cascara is best Tonic
Laxative—No Opium in Hill's.

ALL DRUGGISTS SELL IT

Doing His Bit.
"You are charged with bigamy."
"I guess I'm guilty, your honor."
"Well, sir?"
"I'm a victim of war statistics, your honor."
"What do you mean?"
"I read some figures to show that because of the number of men killed in the war there are now six women to every man, and I tried to get my six."

CASCARETS

"They Work while you Sleep"



Make it your "hobby" to keep liver and bowels regular. If bilious, constipated, headachy, unstrung, or if you have a cold, an upset stomach, or bad breath, take Cascarets tonight and wake up feeling clear, rosy and fit. No griping—no inconvenience. Children love Cascarets too. 10, 25, 50 cents. —Adv.

FREEDOM FOR ARAB WOMEN

May Go Forth to Shop in the Business District Like the European Women.

While the Arabs of Algeria, in turbans and gracefully draped burnouses come out from their silently swinging doors, and with their staffs stroll into the European quarter of the city to buy food at some French shop, the Arab women who leave the Kasbah, the native quarter, are now enjoying new freedom.

The war has done it. The women are now allowed to go to other places than the baths and the cemeteries, the two traditional rendezvous where their husbands heretofore permitted them to gather. Many sally forth to shop in the downtown district like the European women. Some go to take tea at a fashionable French pastry shop, where they take off their veils, safe from the sight of Mohammedan men, and eat sweet cakes the Christians make. Then they put on their veils again, and, "shrouded in white mystery," go home to their hidden doors. Veiled to the eyelashes in "haicks" as white as snow, they undulate slowly in the billowy, baggy trousers of 1,000 folds, and pass into the heavy wooden doors, brass studded, that swing noiselessly shut.—Century Magazine.

Getting Anxious.

"Maud wants a finger in everything."
"Yes, but in an engagement ring for preference."—Boston Transcript.

Lots of men would be good husbands if they had better wives.

Tornadoed.
Traveling Man—Some tornado that was we had around here last night. Do any damage to your new barn?
Pneumatic Farmer—Dunno. Hain't found the darn thing yet.—American Legion Weekly.

Catarrh Can Be Cured

Catarrh is a local disease greatly influenced by constitutional conditions. It therefore requires constitutional treatment. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE destroys the foundation of the disease, gives the patient strength by improving the general health and assists nature in doing its work.
All Druggists. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

No, I Can't.

"I can read my wife like a book," bragged Mr. Naylor.
"I'll bet you can't shut her up like one," growled Mr. Gab.—Cincinnati Enquirer.

Important to Mothers
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it Bears the Signature of *Dr. J. C. Fletch*.
In Use for Over 30 Years.
Children Cry for Fletcher's Castoria

WAR AGAINST THE BELUGA

French Oceanograph Society Starts Fight on Enemies of the Fishermen.

A campaign against the beluga or white whale was recently started from Douarnenez to Concarneau, in Brittany, by the French Oceanograph society, in which nets and poison tubes were used. The beluga, pest of the fishermen, is generally cream white in color, feeds mainly on marine fish and commits ravages among the shoals. The average length of the adult male is about 18 or 20 feet. To hunt down the white whale a net 1,100 yards long was set up at Douarnenez, while another was placed in a suitable position by the fishermen at Concarneau. Furthermore, the skippers of the sardine boats used 4,000 Yves deluge poison tubes against the belugas.—Indianapolis News.

Something Soothing.

"Waiter!" called the customer in a restaurant where an orchestra was playing.

"Yes, sir."
"Kindly tell the leader of the orchestra to play something sad and low while I dine. I want to see if it will have a softening influence on this steak."

Keeping Floors Warm.

Mrs. Swanke—We need some new rugs, dear.
Her Husband—Don't we need blankets more?

Mrs. Swanke—Yes, but who sees blankets?—Answers.

Taking things as they come and selling them at a profit begets success.

Your table drink
will never bother
nerves or sleep
if you quit coffee
and drink

INSTANT
POSTUM

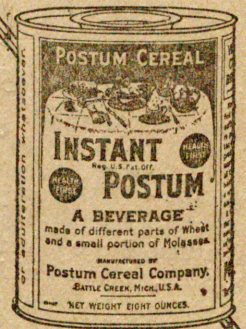
If coffee troubles you, isn't it better to make the change now rather than later?

Better health results and you'll appreciate the economy and convenience.

AT GROCERS EVERYWHERE

"There's a Reason" for Postum

Made by Postum Cereal Co. Inc., Battle Creek, Mich.



It Is a Good Idea for Every Woman to Study Up on Physical Development.

will do no good, or cold creams when she needs a diet, or forcing pills into herself when she should eat different kinds of food.

Then, instead of worrying over wrinkles caused by bad health she will start in doing a few simple breathing exercises, to increase her vitality. And here, by the way, is the keynote of beauty and health—breathing. Few people breathe properly, none breathe enough. That is why I have advised so many readers to study up the Yogi methods of breathing, because, aside from its religious significance to the Hindus, the Yogi breathing exercises are the best in the world.

The Yogis breathe, first into the lower part of the lungs, then into the middle, then the upper chest, filling

What the Sphinx Says

By Newton Newkirk.

"When you bury the hatchet, don't chase to the nearest hardware store and buy an ax."



